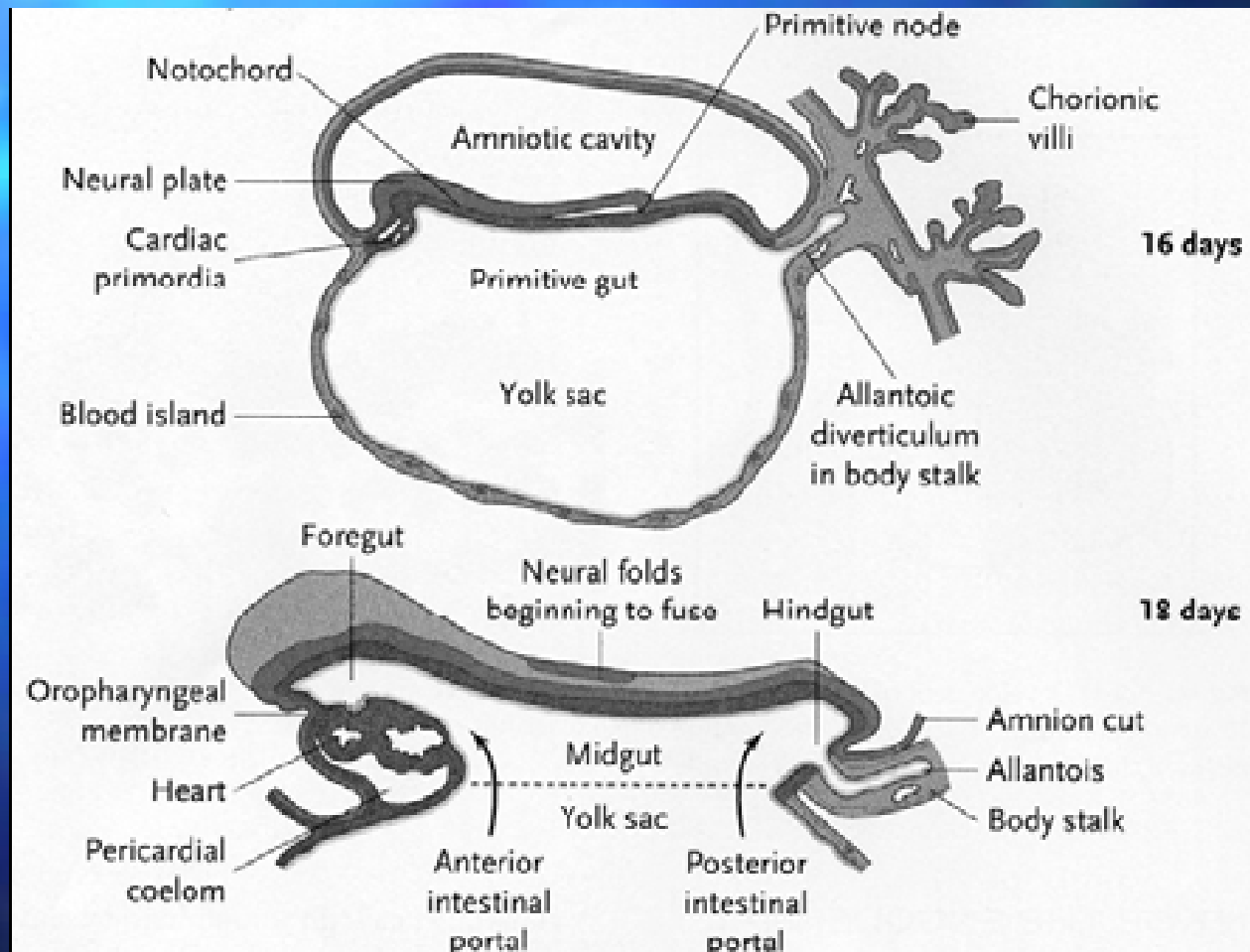


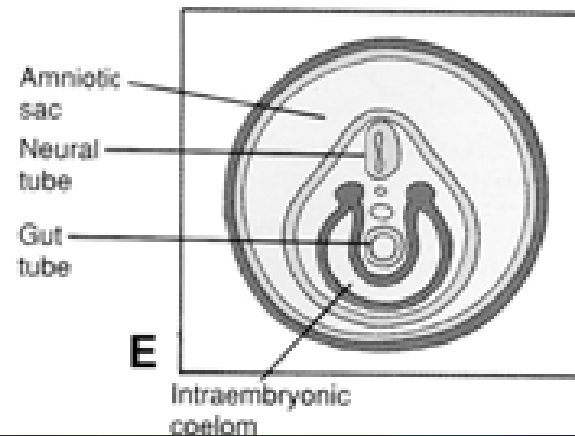
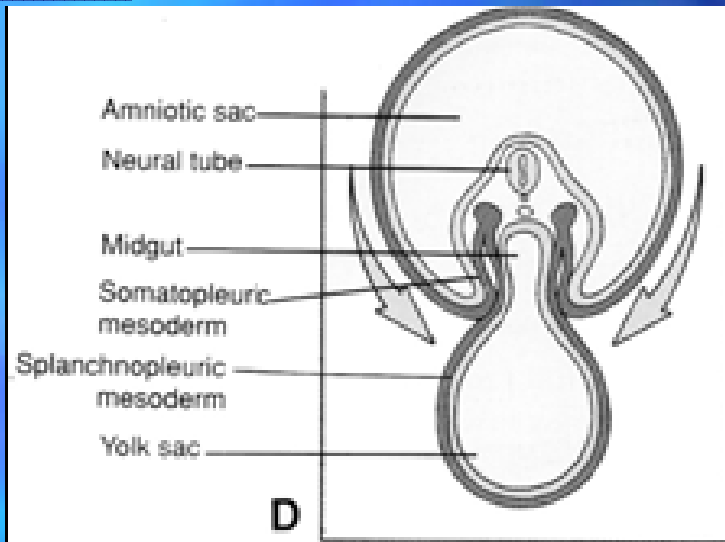
Small Intestine

A horizontal decorative bar with a fine grid pattern, extending from the left edge of the slide towards the center.

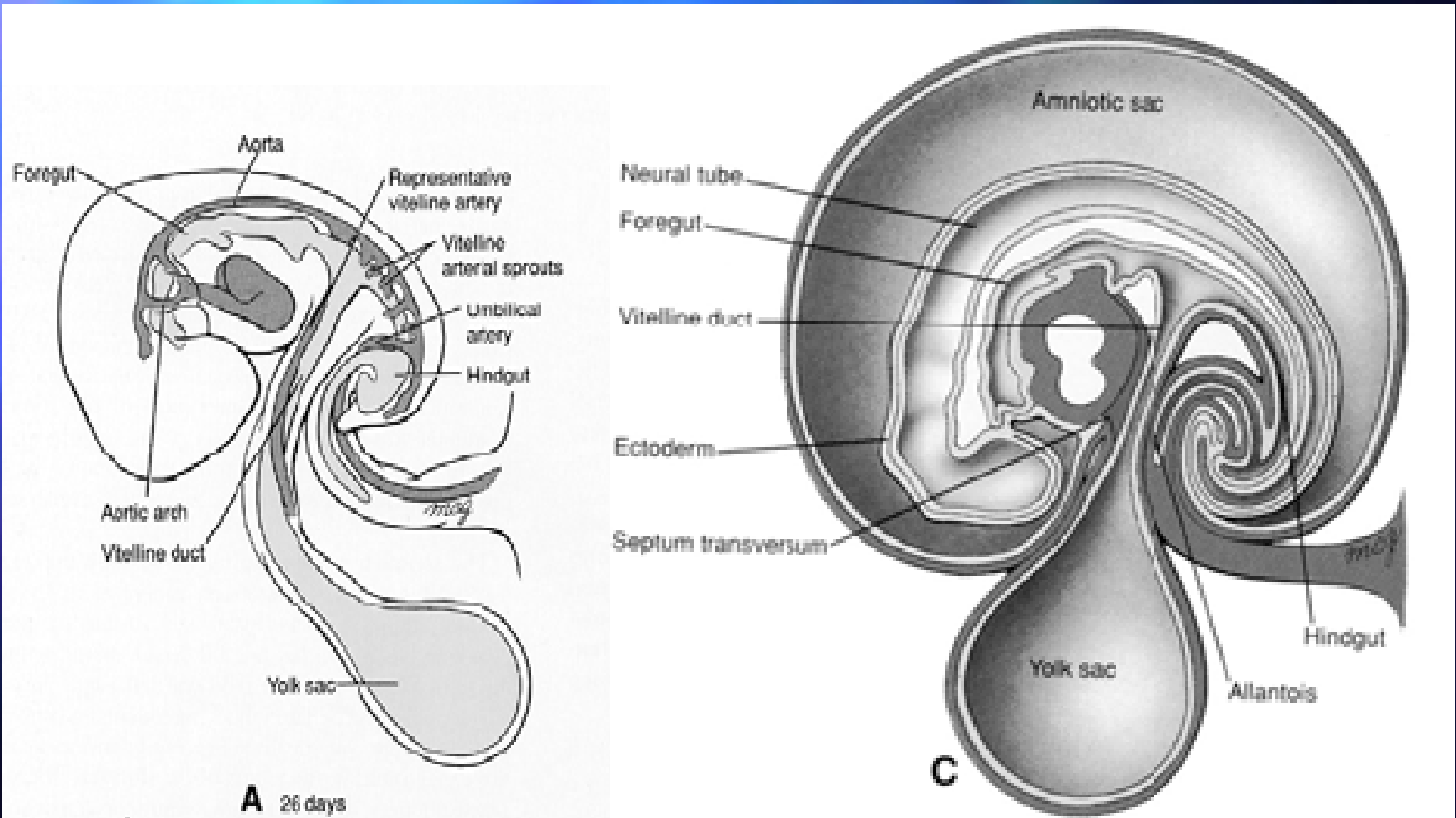
Embryology



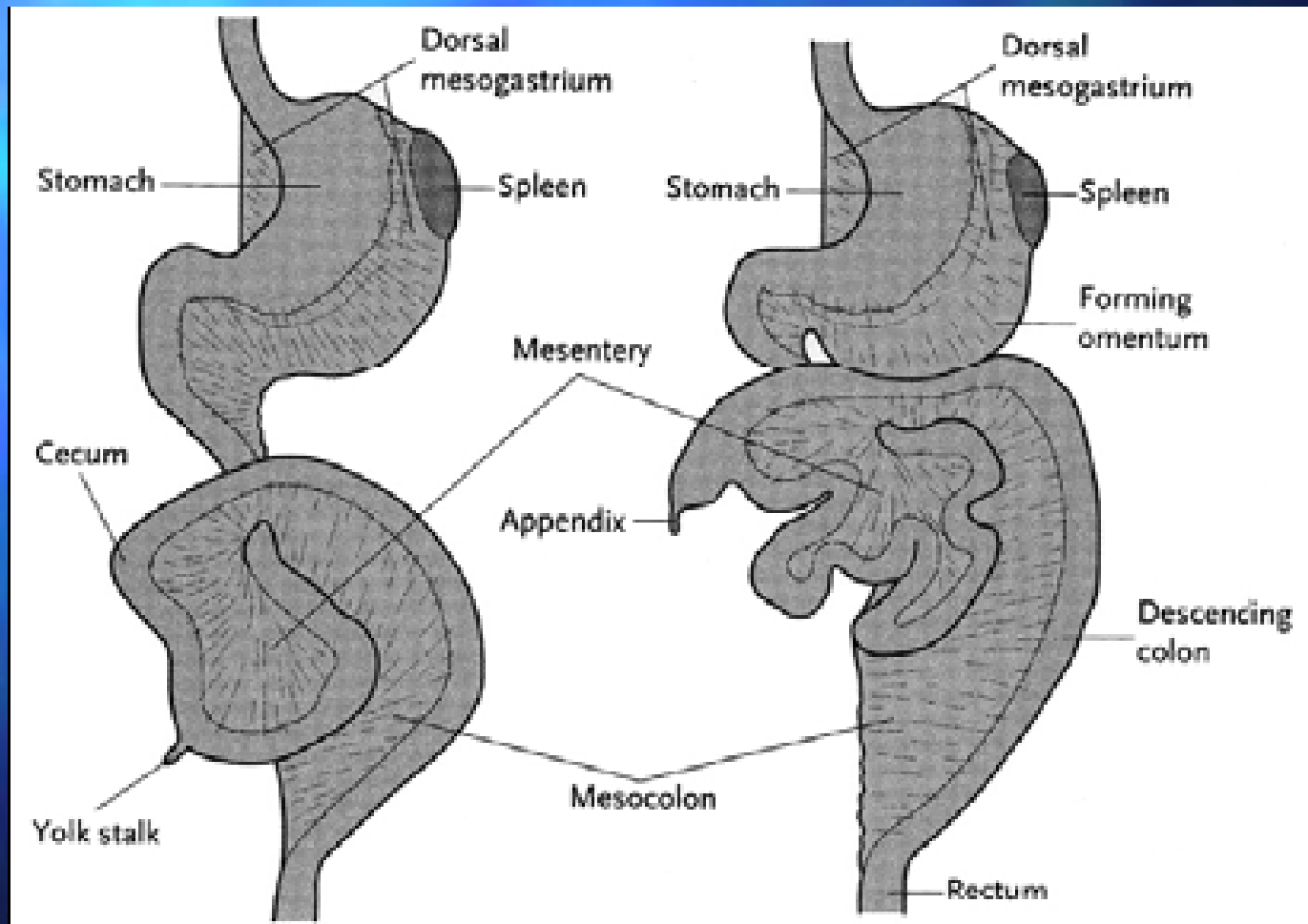
Embryology



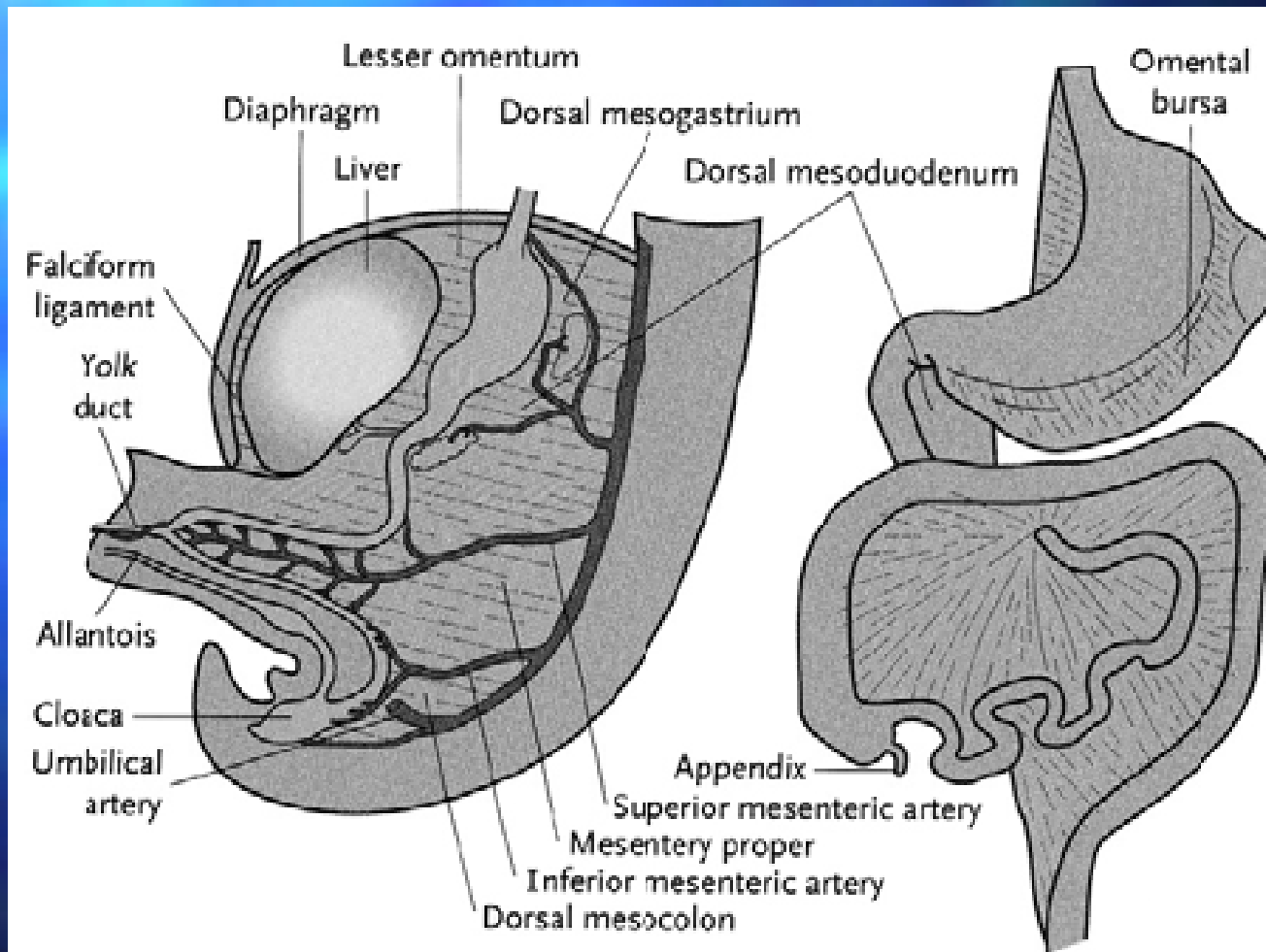
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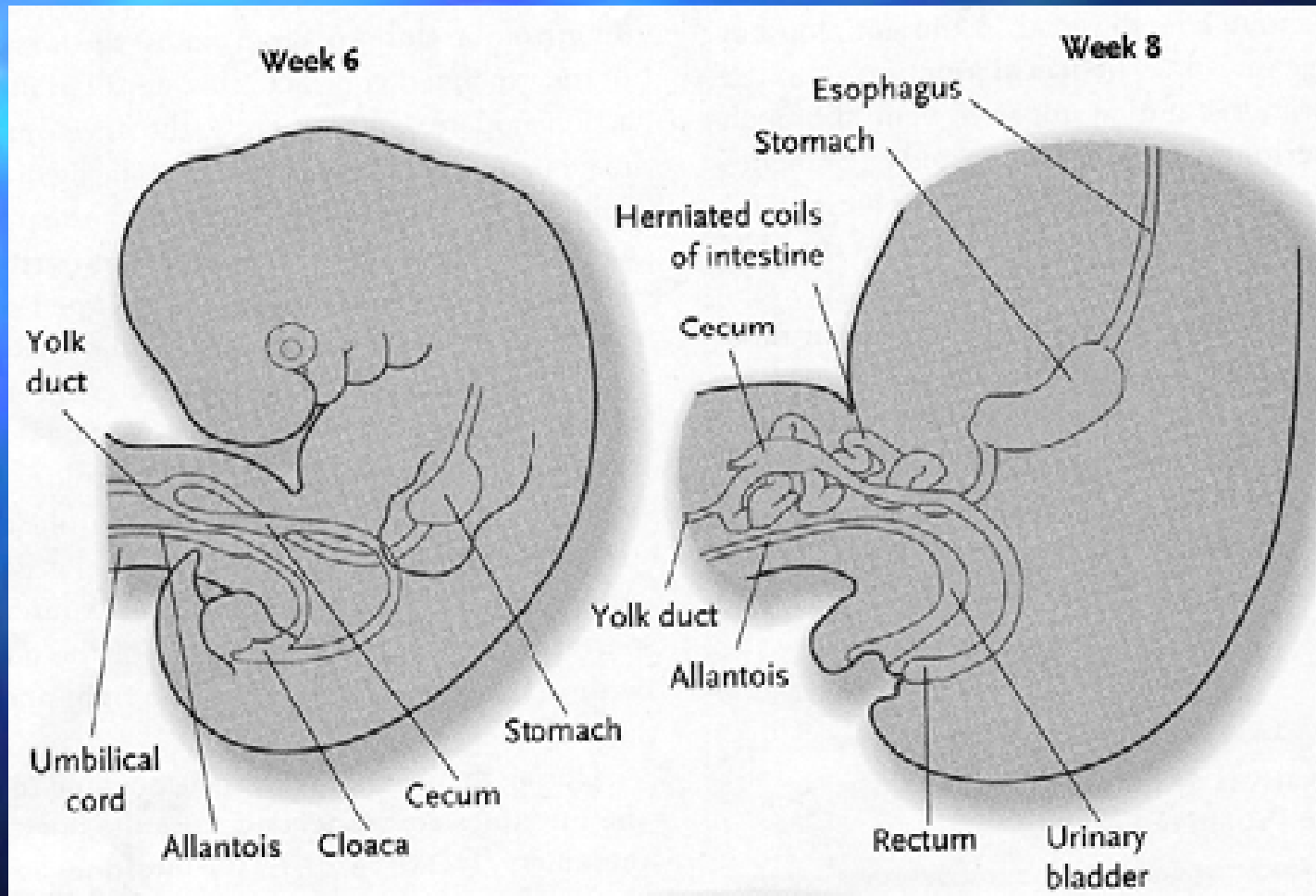
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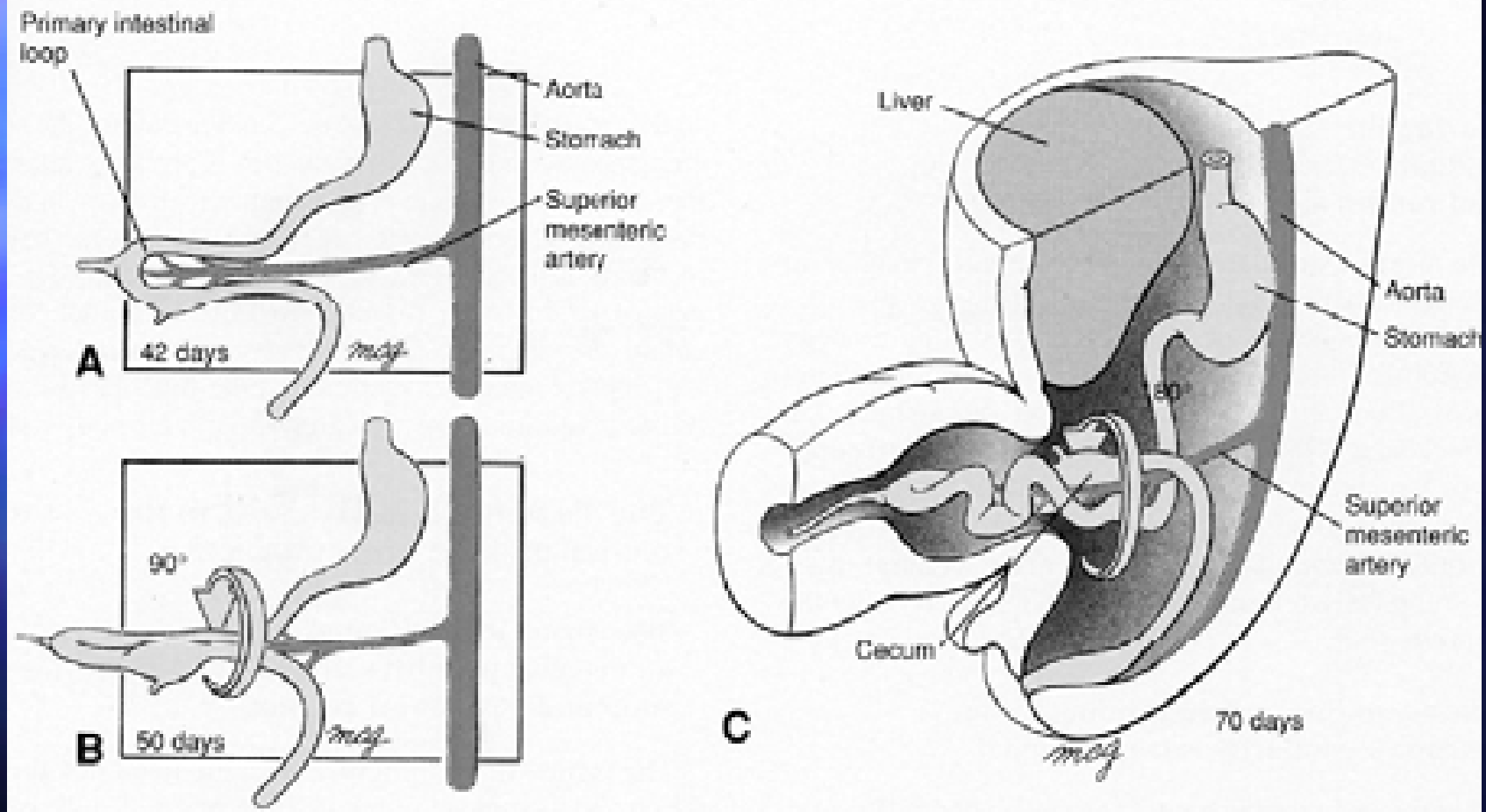
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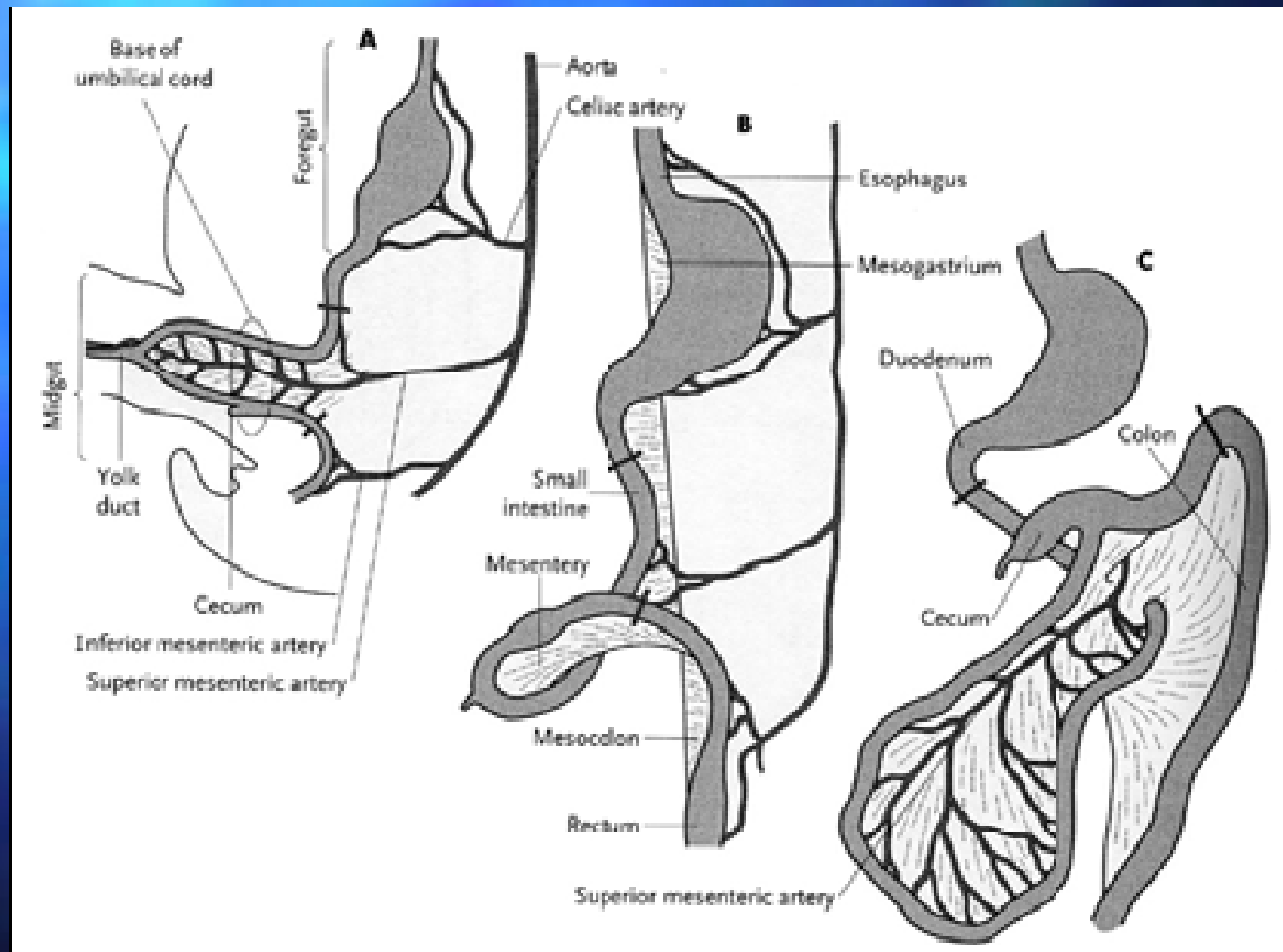
Embryology



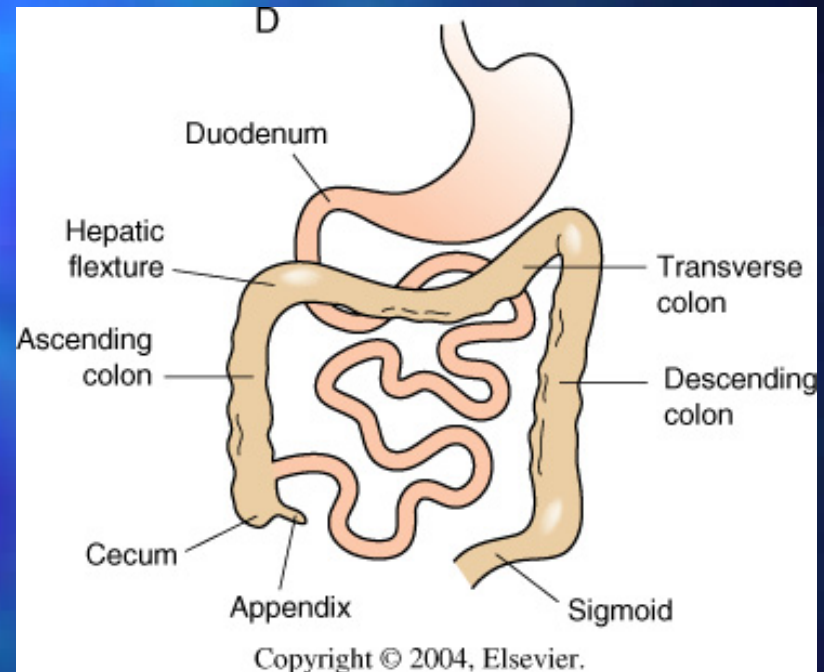
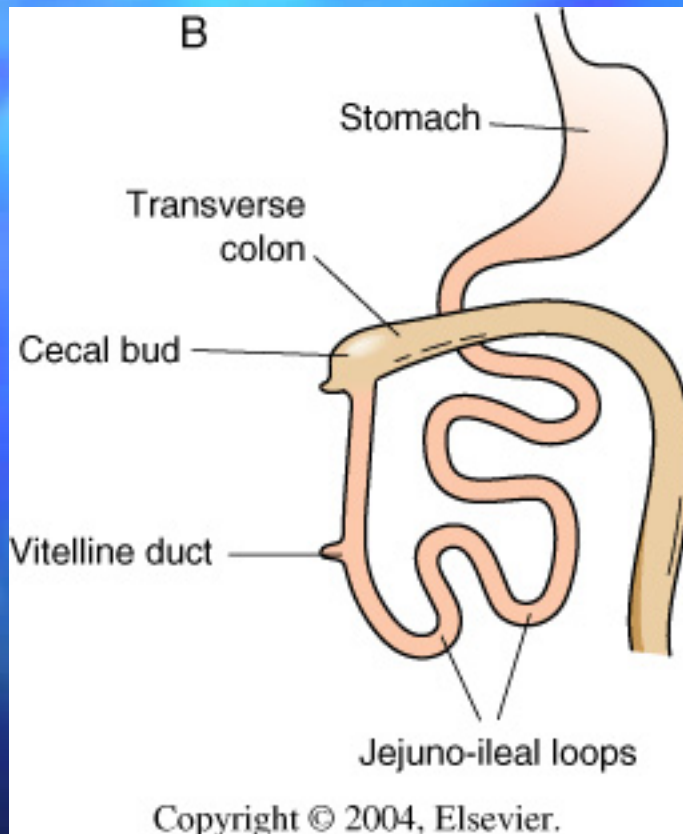
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Embryology



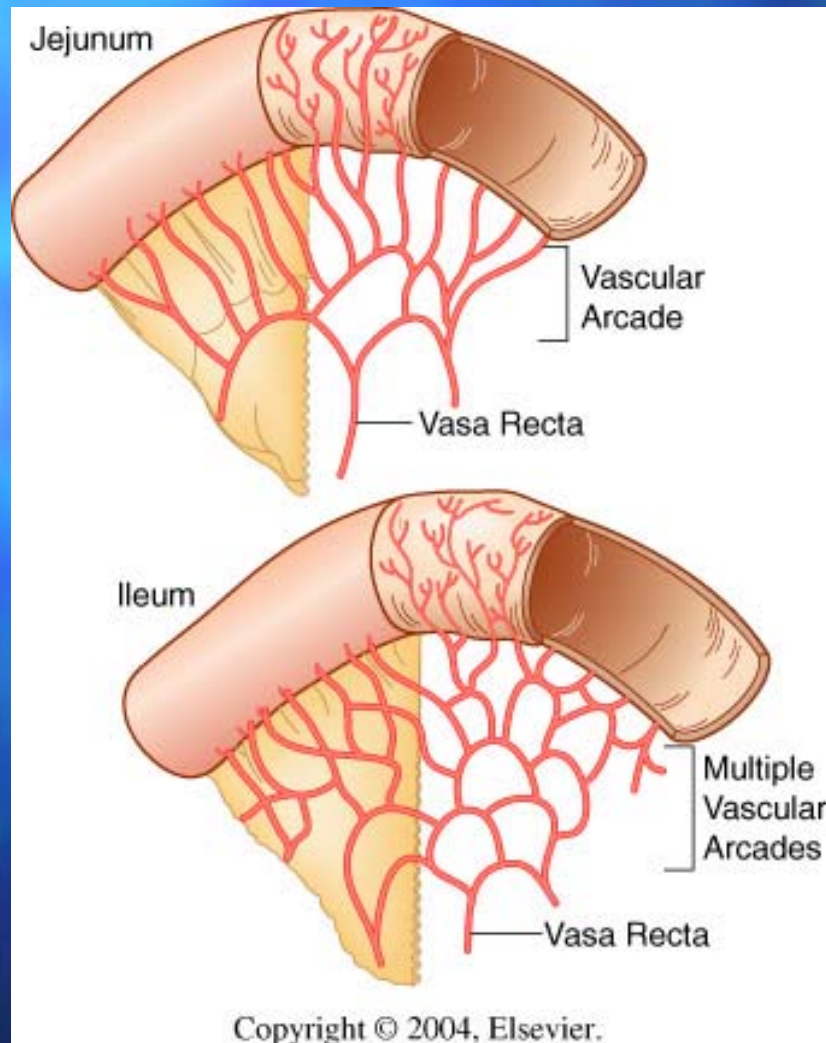
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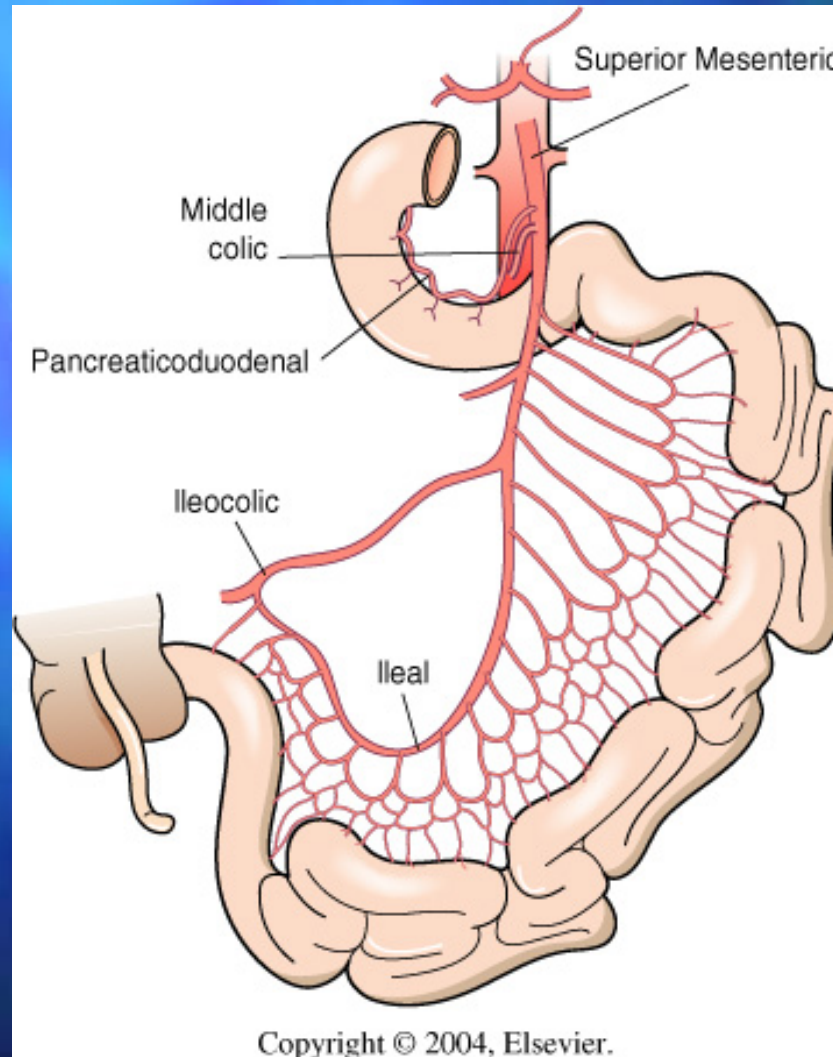
Anatomy

- 270 to 290 cm
 - Duodenum 20 cm
 - Jejunum 100 to 110 cm
 - Ileum 150 to 160 cm
- Mucosa has transverse folds (plicae circulares)
- Jejunum starts at the ligament of Treitz
- No obvious jej-ileal demarcation
 - Jejunum has larger circumference, is thicker and has different mesenteric vessels

Anatomy



Anatomy: Blood Supply



Anatomy: Innervation

- Autonomic only
 - Parasympathetic
 - Vagus, celiac ganglion
 - Sympathetic
 - 3 pairs of nerves, superior mesenteric plexuses
 - pain

Anatomy: Lymphatic Drainage

- Major deposits of lymphatic tissue
 - Peyer patches in distal small bowel
- Mucosa -> nodes adjacent to bowel -> nodes at the mesenteric arterial arcades -> group of nodes at the base of superior mesenteric vessels -> cisterna chyli
- Fat absorption

Histology

- 4 layers
 - Serosa: visceral peritoneum
 - Muscularis propria
 - Thin outer longitudinal layer
 - Thicker inner circular layer
 - Auerbach (myenteric) plexus in between
 - Submucosa:
 - fibroelastic tissue with blood vessels and nerves
 - STRONGEST component of intestinal wall
 - Contains Meissner plexus

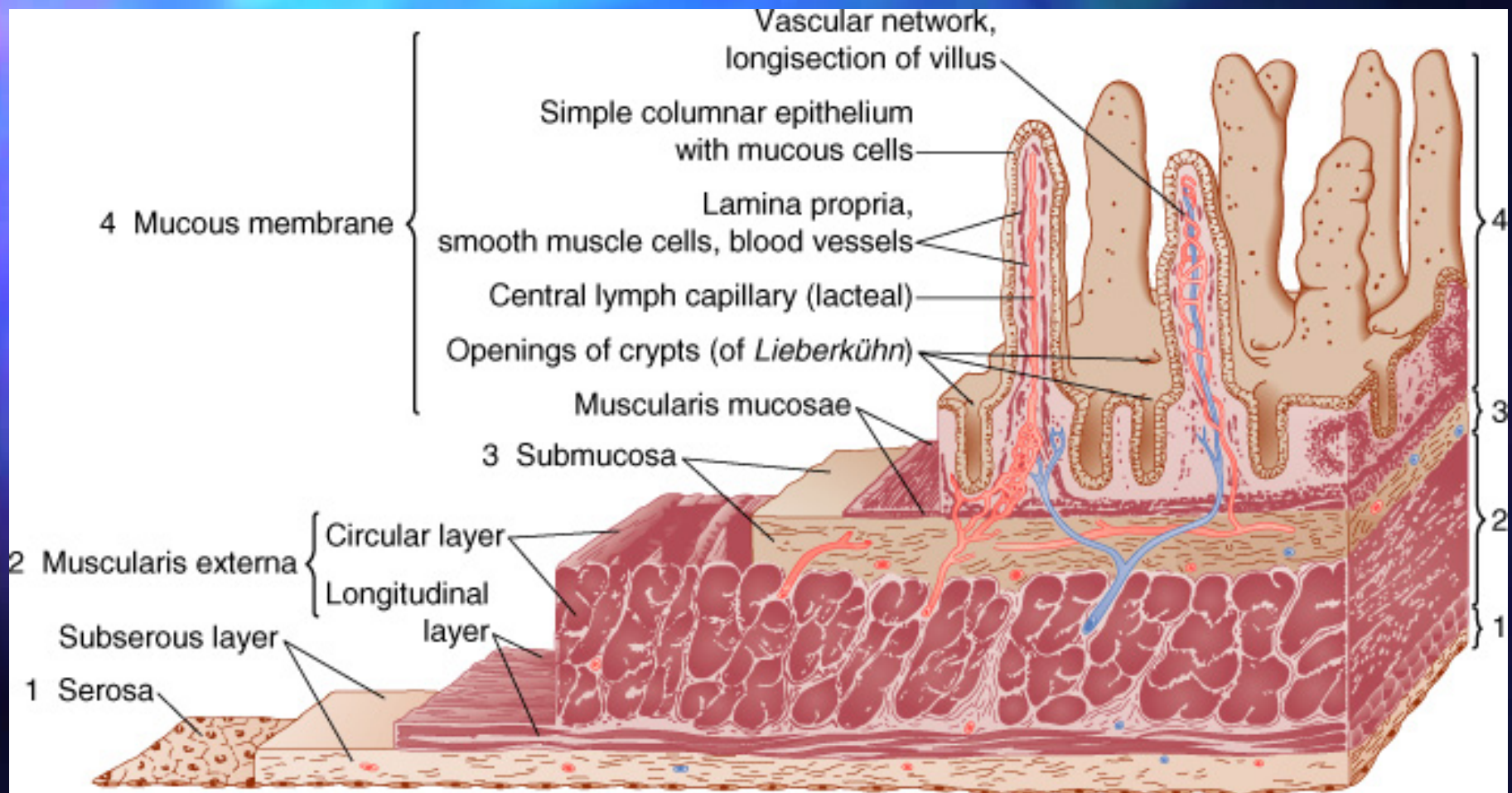
Histology

- 4 layers

- Mucosa

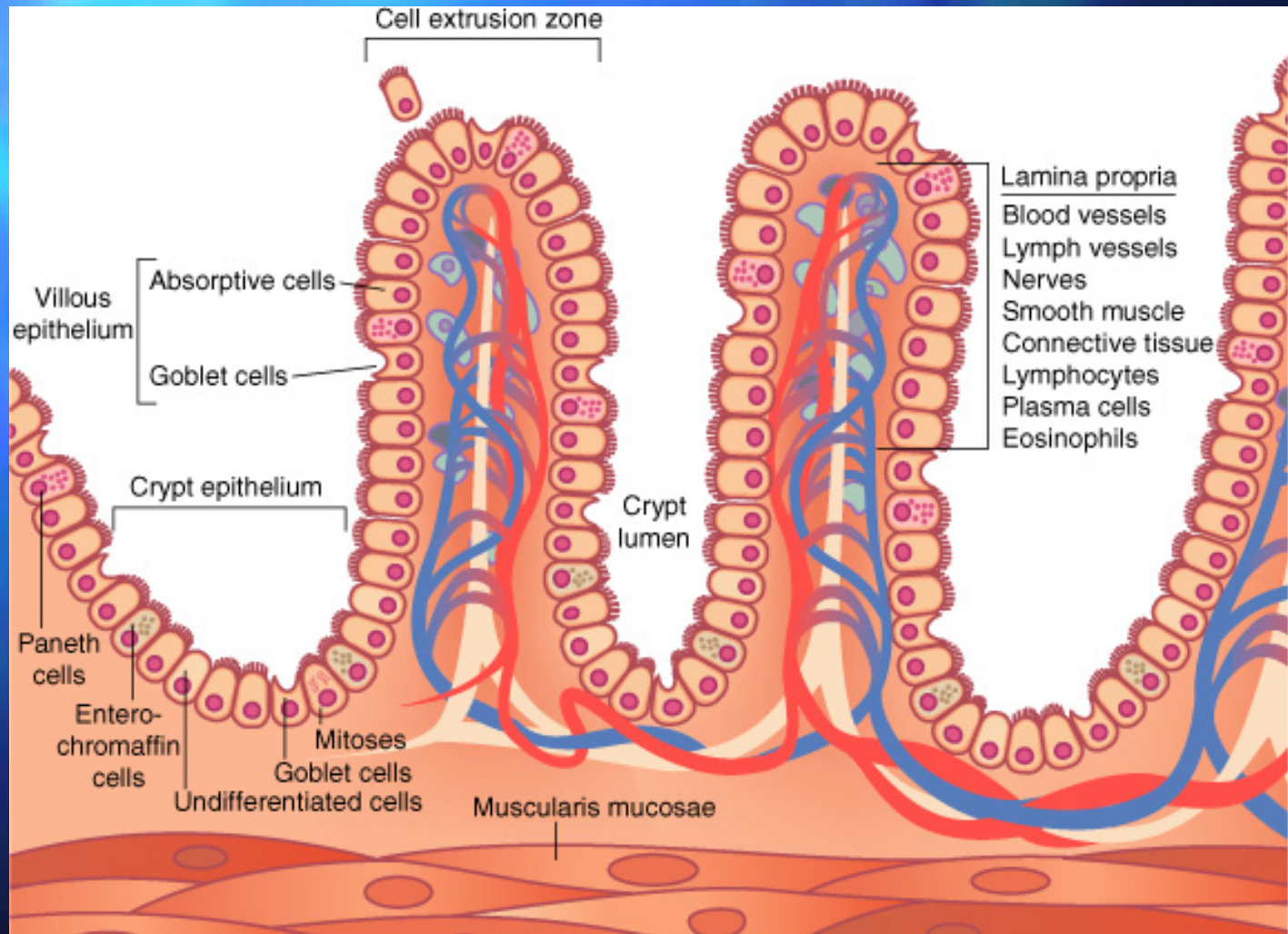
- Muscularis mucosa: thin, separate from submucosa
 - Lamina propria: connective tissue, immune function
 - Epithelial layer: covers villi and crypts
 - Goblet cells: secrete mucus
 - Paneth cells: mucosal defense system; secrete lysozyme, TNF, cryptidins
 - Enterocytes: absorption; with microvilli, covered by the glycocalyx
 - Enteroendocrine cells

Histology



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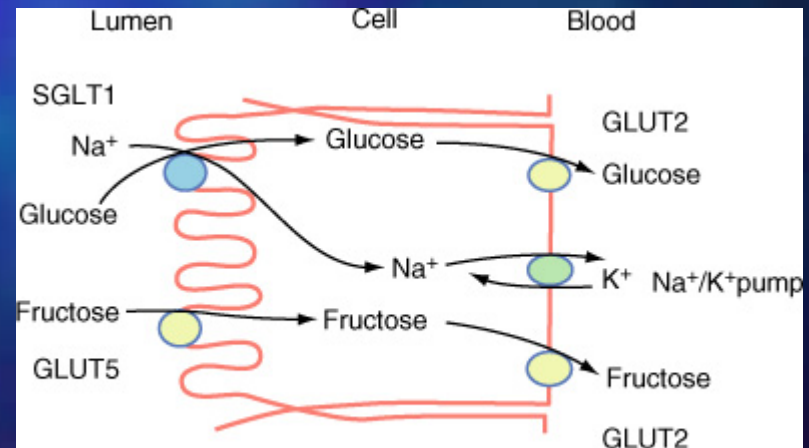
Histology



Physiology: Digestion and Absorption

■ Carbohydrates

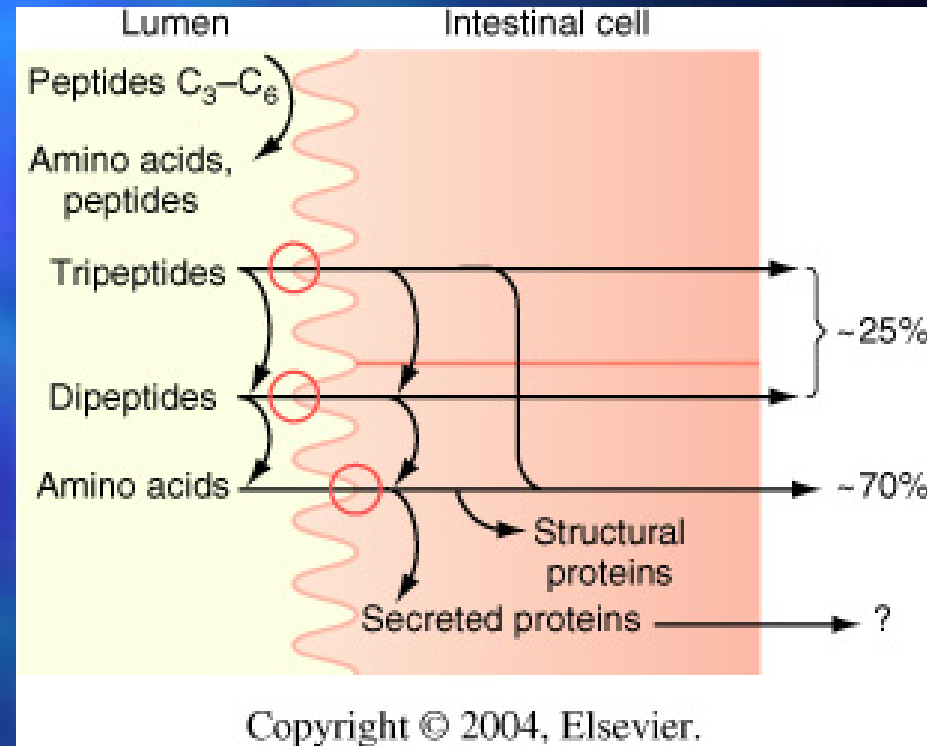
- Broken down by intra luminal amylase and amylopectin
- Brush border: maltase, lactase, sucrase, trehalase -> break disaccharides
- Monosaccharides are absorbed
 - Na cotransport
 - Facilitated diffusion



Physiology: Digestion and Absorption

■ Protein

- 80-90% is absorbed in the jejunum
- Pancreatic trypsinogen (ENTEROKINASE)
- Endopeptidases: trypsin, chymotrypsin, elastase



Physiology: Digestion and Absorption

■ Fat

– Emulsification:

- breakdown of fat globules into smaller sizes
- Facilitated by bile (bile salts, lecithin)
- Allows action of pancreatic lipase

– Micelle formation

- Bile salts are amphipathic
- Core of free fatty acids and monoglycerides
- They simply diffuse into the interior of the cell, without the bile salts

Physiology: Digestion and Absorption

■ Fat

– Intracellular processing

- Reformation of triglycerides
- Combination with lipoproteins
 - Short and medium-chain FA may be diluted in blood (portal system)
 - Chylomicrons to lacteals and then lymphatics

– Enterohepatic circulation

- Conjugated bile acids are absorbed in the distal ileum -> portal system -> back to the liver
- Pool of 2-3 g
- Recirculates 6 times every day
- 5% lost: resynthesis from cholesterol

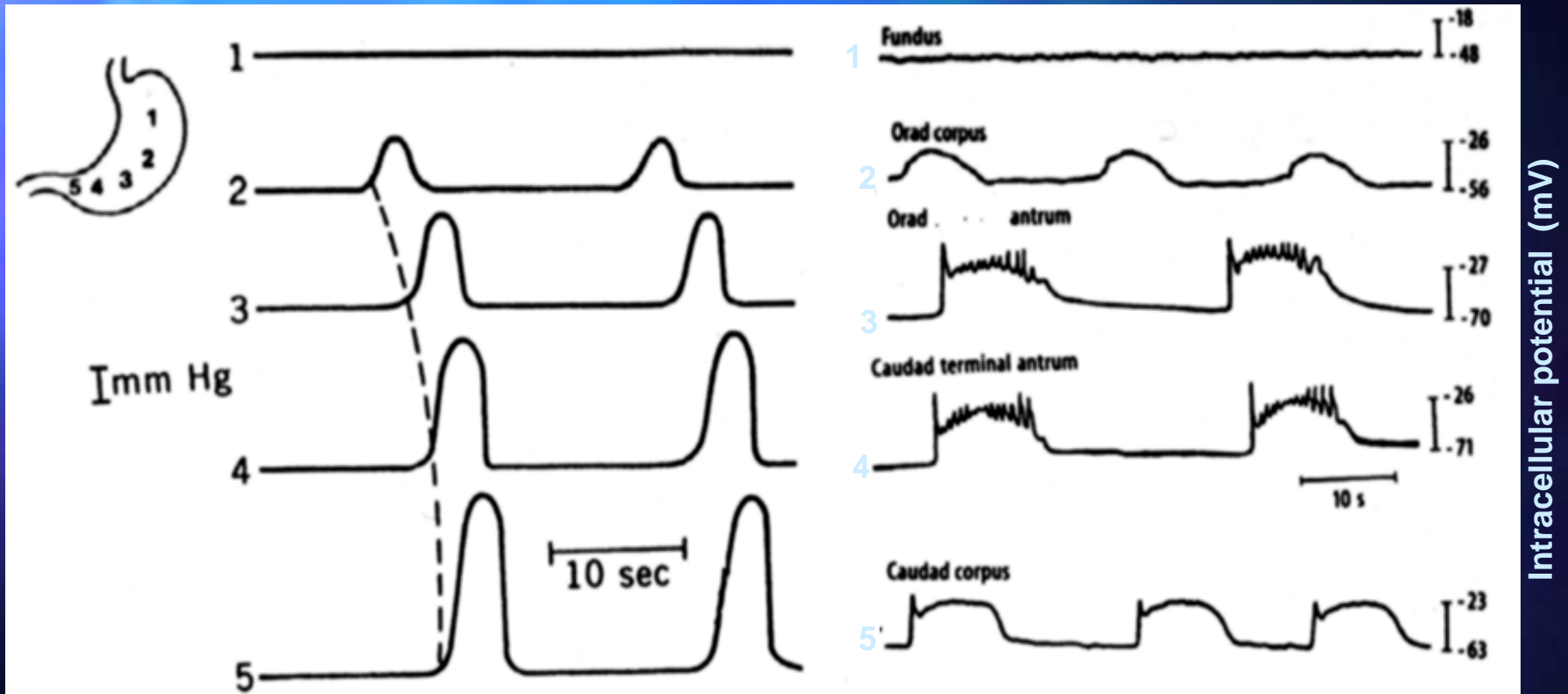
Physiology: Digestion and Absorption

- Water, Electrolytes, and Vitamins
 - Daily: 10 liters water in; 500 cc out
 - Water is absorbed by simple diffusion
 - Na: active transport
 - Cl: passive diffusion
 - HCO₃: indirect active transport (Na)
 - Ca: active transport in duod and jejunum
 - Iron: active transport in duodenum
 - Vitamins:
 - Fat soluble (K,A,D,E): distal ileum
 - Water soluble: variable

Physiology: Motility

- Peristalsis
 - 1-2 cm/s
 - Movement of intestinal chyme
 - Duodenum seems to be the pace setter in the fed state
 - Migrating myoelectric complex (MMC) during fasting periods: motilin
 - Parasympathetic: cholinergic vagus stimulates
 - Sympathetic: adrenergic inhibits

Physiology: Motility



Small Bowel Obstruction

■ Causes

– Extra luminal

■ Adhesions:

- ~60%
- Lower abdomen surgery

■ Tumors

- ~20%
- Metastatic peritoneal implants from intra abdominal 1ary
- Extrinsic compression: cecum and asc colon

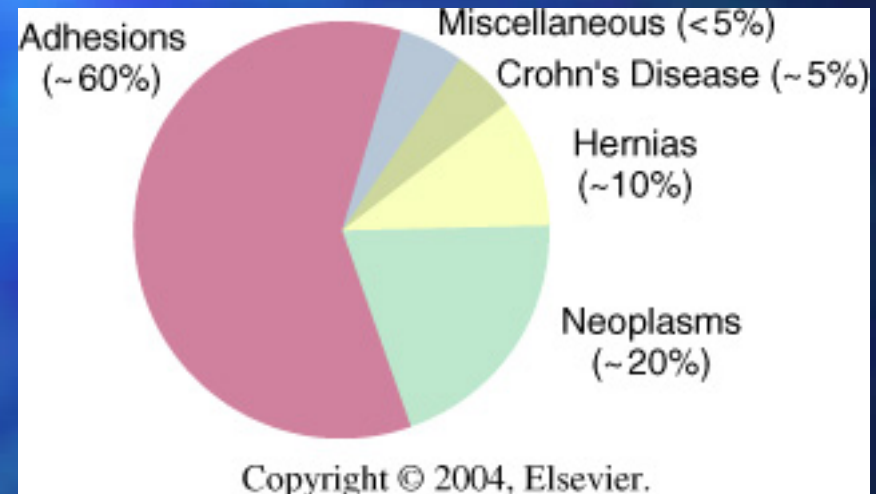
■ Hernias

- ~ 10%, ventral and inguinal more commonly
- External
- Internal

■ Abscesses

Small Bowel Obstruction

- Causes
 - Bowel wall: tumors
 - Intra luminal
 - Gallstones
 - Enterolith
 - Bezoar



Small Bowel Obstruction

■ Pathophysiology

- Initial increase in motility and contractility (both above and below point of obstruction – diarrhea)
- Followed by fatigue and dilation of the bowel
 - Accumulation of water and electrolytes in the lumen and wall – third spacing – dehydration
 - Balance between electrolyte/water dysfunction depends on the site and duration of the obstruction
 - Increase in intra abdominal pressure
 - Increase in bowel wall tension – decrease in blood flow (specially in close-loop)
 - Ischemia – perforation – peritonitis
 - Also ↑ in bacterial counts in the SB – translocation

Small Bowel Obstruction

- Clinical Manifestation and Diagnosis
 - Colicky abdominal pain, N/V, distention, no feces or flatus – depend on site of obstruction
 - Typical pain: 4-5 min paroxysms; less frequent with distal obstruction
 - Possibly diarrhea
 - Physical exam
 - Dehydration: tachycardia, hypotension, etc
 - Fever: ? Complication
 - Abdominal distention; notice surgical scars
 - Rule out hernias
 - Mild abdominal pain: o/w peritonitis/complication
 - Rectal exam: masses, blood

Small Bowel Obstruction

- Clinical Manifestation and Diagnosis
 - Radiology
 - AAS:
 - 60% accuracy
 - Air-fluid levels (stepwise pattern)
 - Dilated loops
 - Cause of obstruction: gallstones, FB



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Small Bowel Obstruction



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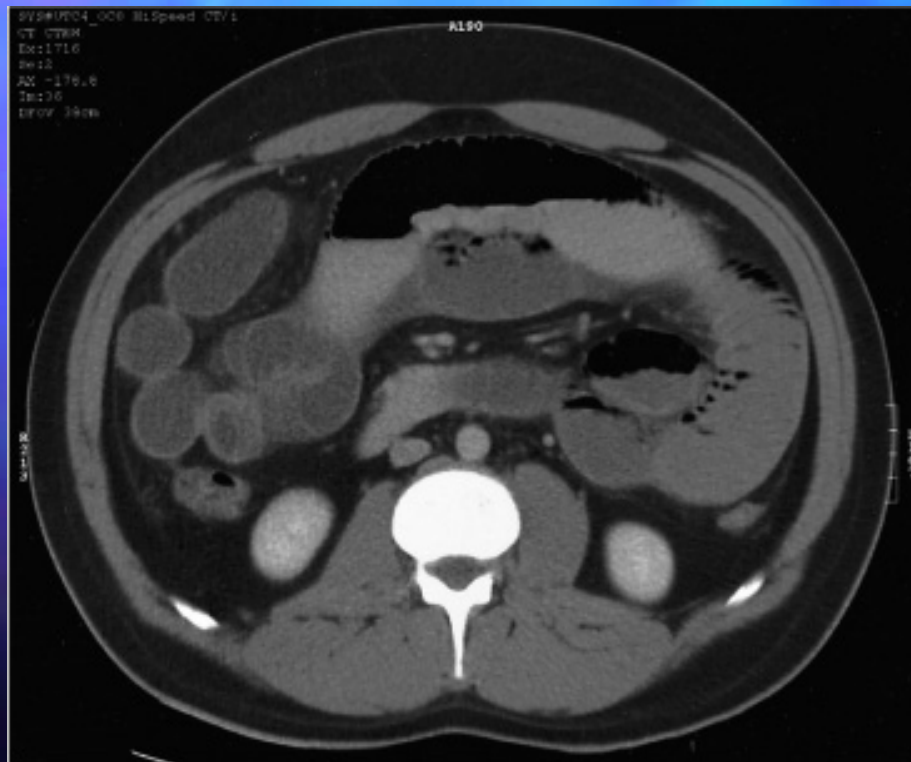


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Small Bowel Obstruction

- Clinical Manifestation and Diagnosis
 - Radiology
 - AAS
 - CT:
 - Good for
 - High grade of complete obstructions
 - Determining point of obstruction
 - Dx of complications
 - Worse than AAS for PSBO

Small Bowel Obstruction



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Small Bowel Obstruction

- Clinical Manifestation and Diagnosis
 - Radiology
 - AAS
 - CT
 - Barium studies: enteroclysis (air and contrast in duodenum using tube + fluoroscopy) – for low grade, intermittent SBO



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Small Bowel Obstruction

- Clinical Manifestation and Diagnosis
 - Laboratory
 - Not helpful for diagnosis
 - Assessment of dehydration/electrolytes

Small Bowel Obstruction

- Clinical Manifestation and Diagnosis
 - Strangulating obstruction
 - Closed-loop obstruction
 - Vascular compromise – infarction
 - Difficult to differentiate from simple SBO clinically
 - Fever, tachycardia, leukocytosis
 - Constant non cramping pain
 - CT diagnosis late stages only
 - ? Lactic acid, CPK-BB, intestinal fatty acid binding protein

Small Bowel Obstruction

- Treatment
 - Fluid resuscitation
 - Tube decompression
 - NGT
 - Cantor or Baker long intestinal tubes: no benefit
 - Resolution of 60-85% of PSBO with above

Small Bowel Obstruction

- Treatment
 - Operative management
 - Treat cause
 - Reverse obstruction
 - Tumor: ? Resection x bypass
 - Crohn's disease: strictureplasty
 - Abscesses: ? CT guided drainage
 - Radiation enteropathy: non op tx, steroids, ? Resection x bypass

Small Bowel Obstruction

■ Treatment

– Operative management

■ Treat complications

– Assessment of bowel viability:

- Place on warm saline wet sponge for 15-20 min and assess for color and peristalsis
- Doppler probe or fluorescein: no advantage over clinical judgement
- Second look

■ ? Laparoscopy

- Mild abdominal distention
- Proximal obstruction
- Partial obstruction
- Anticipated single band obstruction

Small Bowel Obstruction

- Acute post operative obstruction
 - Difficult diagnosis
 - Rule out or treat medical causes (hypo K)
 - X rays are usually not helpful
 - CT and enteroclysis
 - Conservative management for PSBO
 - Operative management for CSBO

Ileus

- Intestinal distention and slowing/absence of passage of luminal contents without demonstrable mechanical obstruction
- Causes
 - Post laparotomy
 - Metabolic and electrolyte derangements
 - Drugs: opiates, anticholinergics, psychotropics, etc
 - Intra abdominal inflammation
 - Retroperitoneal hemorrhage or inflammation
 - Intestinal ischemia
 - Systemic sepsis

Ileus

- Presentation is similar to mechanical SBO, but usually without the colicky abdominal pain
- ? Radiologic studies to distinguish from SBO ?
- Treatment:
 - Supportive
 - ? Drugs
 - Block sympathetic: guanethidine
 - Stimulate parasympathetic: neostigmine
 - Cholecystokinin, erythromycin
 - Cisapride

Inflammatory Diseases: Crohn's

- Morgagni 1761; Dalziel 1913; Crohn 1932
- Most common primary surgical disease of the SB
- ↑ in North America and Northern Europe
- Bimodal distribution
- Equal genders and black x whites, ↑ in smokers
- ↑ in Jews; strong familial association
- ? Infectious / immunologic etiology

Inflammatory Diseases: Crohn's

- 30% in small bowel only
- 55% in SB and colon
- From mouth to anus
- Segmental lesions
- Rectal sparing
- Perianal/rectal involvement in ~ 1/3 of pts

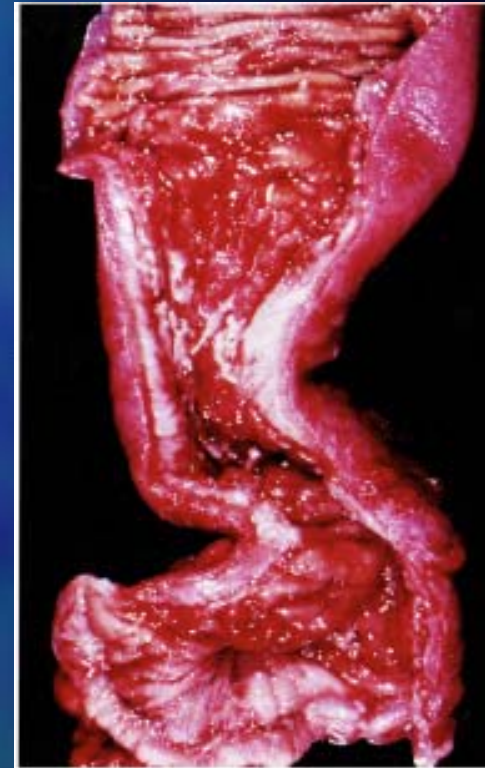
Inflammatory Diseases: Crohn's

- Growth of mesenteric fat around bowel wall
- Total thickness wall compromise
- Cobblestone appearance from islands of normal mucosa
- Non caseating granulomas (late)



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B

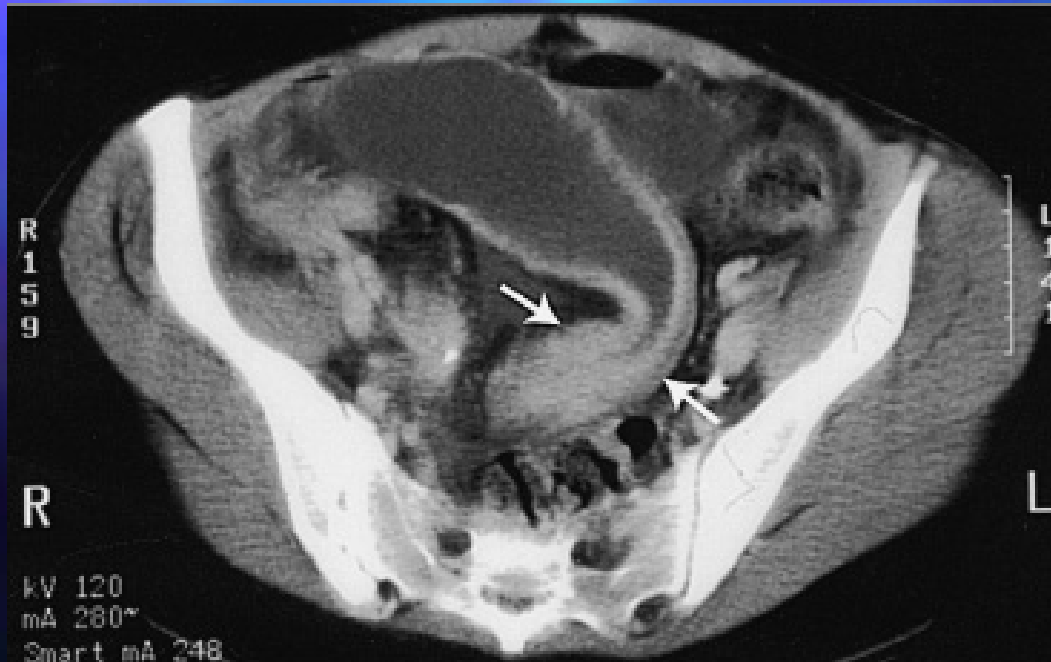
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Inflammatory Diseases: Crohn's

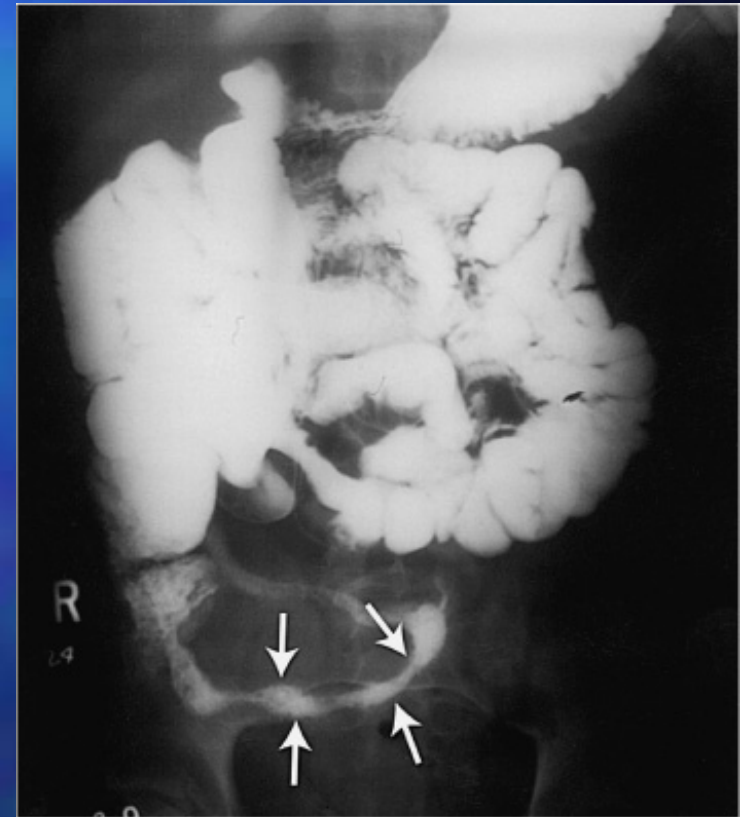
- Clinical manifestations
 - Intermittent colicky lower abdominal pain
 - Diarrhea: rarely with mucus or blood
 - Weight loss
 - Low grade fever
 - Malaise
 - Other non specific s/s
 - Extra intestinal manifestations: skin, eyes, joints, etc

Inflammatory Diseases: Crohn's

- Intestinal complications
 - Obstruction
 - Chronic fibrosing lesions



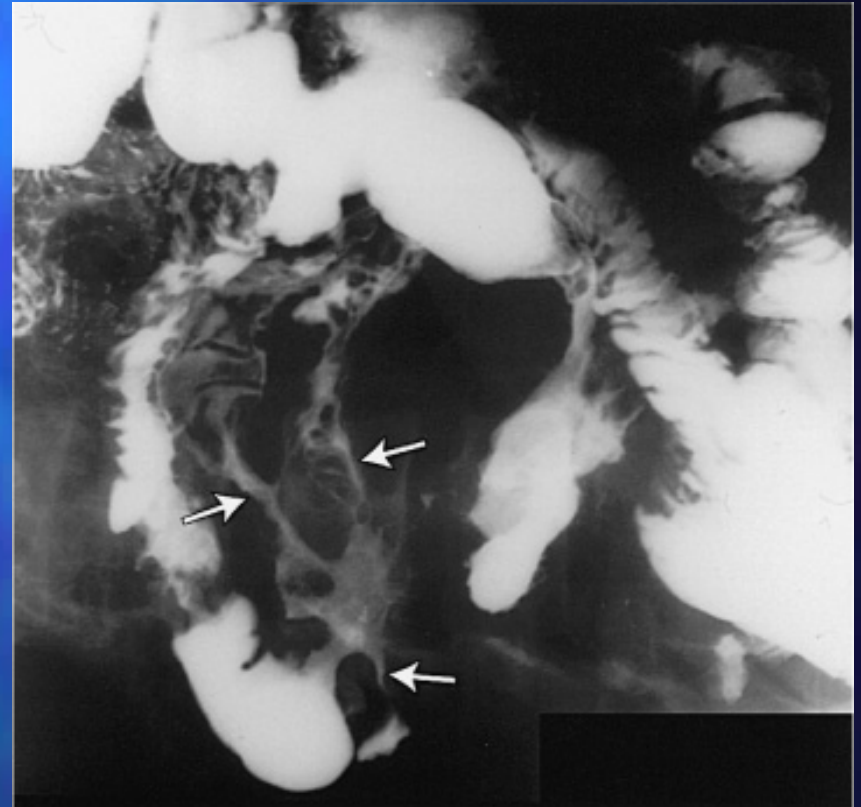
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Inflammatory Diseases: Crohn's

- Intestinal complications
 - Perforation
 - Free perforations (rare)
 - Fistulas (more common):
vagina, bladder, intestines,
etc
 - Abscesses



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Inflammatory Diseases: Crohn's

- Intestinal complications
 - Cancer predisposition: SB and colon
 - 100x for adeno Ca of SB
 - At sites of chronic disease, more common in the ileum
 - Poor prognosis, late diagnosis

Inflammatory Diseases: Crohn's

- Surgical Management
 - Majority will need surgery at some point: > 20y of disease = 78%
 - Indications are limited to complications
 - Obstruction
 - Perforation, fistula, abscess
 - GI bleeding
 - Cancer
 - Perianal disease
 - Resection of the complicated segment only – ignore gross disease
 - ? Laparoscopic surgery

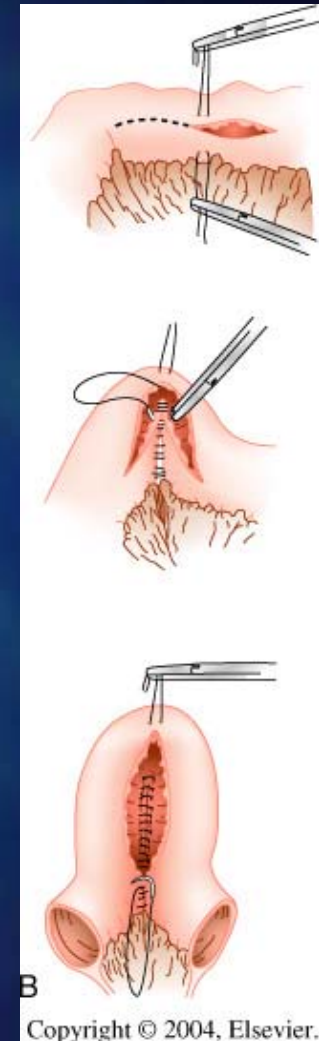
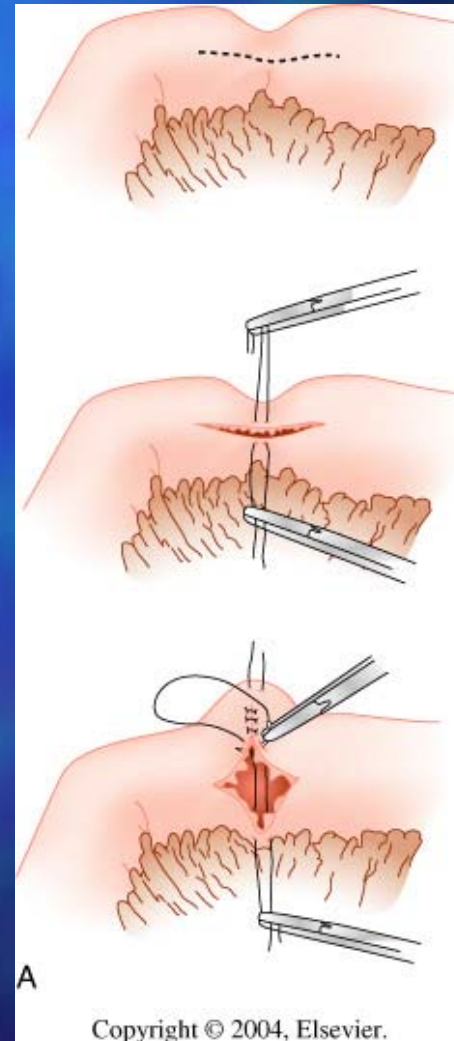
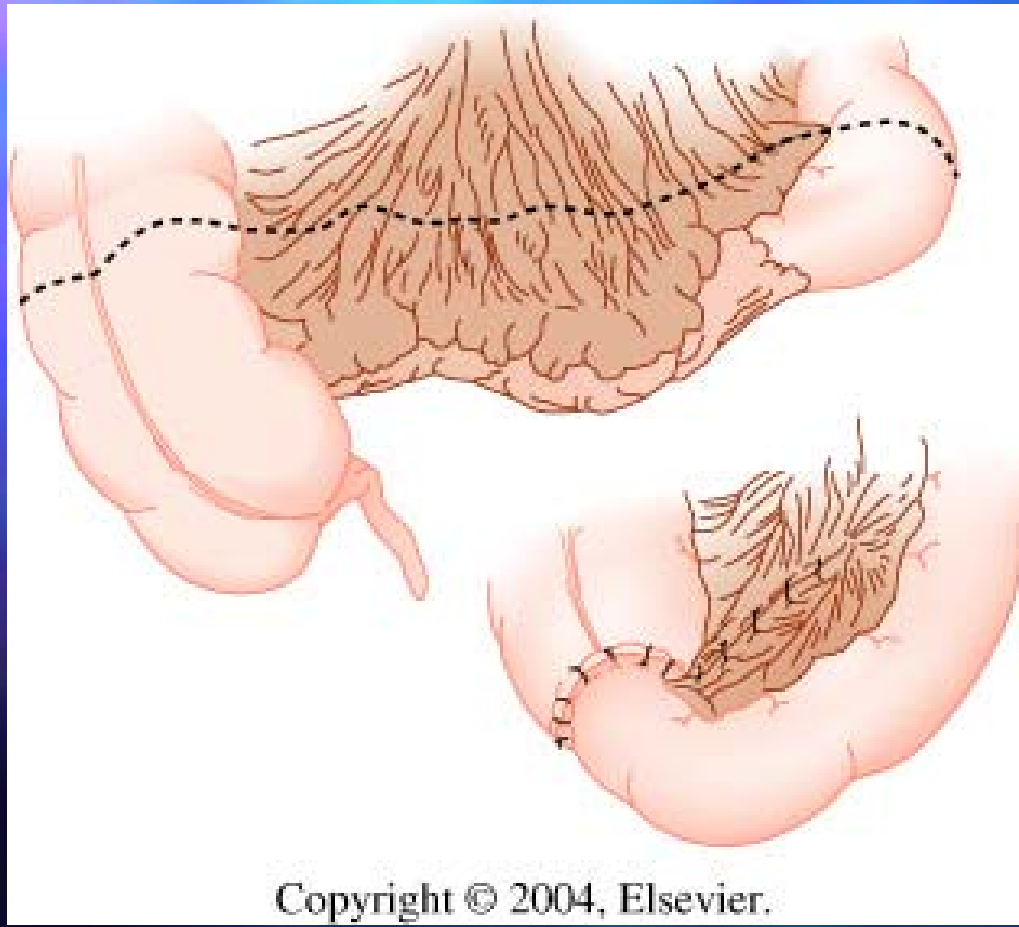
Inflammatory Diseases: Crohn's

- Surgical Management
 - Ileitis
 - Dif dx with acute appendicitis
 - Self limited
 - Causes
 - Early crohn's (but most often NOT)
 - Campylobacter
 - Yersinia
 - Appendectomy *

Inflammatory Diseases: Crohn's

- Surgical Management
 - Obstruction
 - Most common surgical indication
 - Often partial – non operative management
 - Surgical indication
 - Complete obstruction
 - Failure of non operative treatment
 - Procedure of choice: segmental resection with re anastomosis
 - Cecectomy if cecum is involved with terminal ileum
 - In selected patients: strictureplasty
 - Previous resections
 - Multiple short segments of narrowing
 - Fibrous obstruction instead of acute inflammation
 - It has similar complication/recurrence rates to resection

Inflammatory Diseases: Crohn's



Inflammatory Diseases: Crohn's

- Surgical Management
 - Fistula
 - Common complication
 - Entero-enteral fistula is not a surgical indication
 - Enterocutaneous fistulas
 - Usually after abscess drainage; rarely spontaneous
 - Excision of the fistula tract with the diseased segment(s) of SB + reanastomosis
 - If other organ involved: simple closure of defect in that organ

Inflammatory Diseases: Crohn's

- Surgical Management
 - Free perforation
 - Rare
 - Resection of involved segment of SB
 - Reanastomosis (if minimal contamination); enterostomies if diffuse peritonitis
 - GI bleeding
 - Life threatening bleed is rare; anemia is common
 - More common in colon than SB
 - ? Arteriography pre operatively
 - Resection of the bleeding segment

Inflammatory Diseases: Crohn's

- Surgical Management
 - Cancer
 - Increased incidence (SB and colon)
 - Worse prognosis than cancer with no Crohn's – delayed diagnosis
 - Oncologic resection with appropriate margins
 - Duodenal disease
 - 2 - 4% of crohn's patients
 - Medical treatment is the rule; surgery indication is uncommon
 - Most common indication is obstruction
 - Procedure of choice is bypass instead of resection
 - Selected patients may benefit from strictureplasty

Inflam. Diseases: Typhoid Enteritis

- Developing countries, poor areas
- 500 cases / year in the US
- Children and young adults
- Acute systemic infection by *Salmonella typhosa*
- Ingestion of bacilli – penetration of SB mucosa
- Hyperplasia of the RES: LN, liver, spleen
- Hyperplasia of Peyer patches in distal ileum
 - Bleeding
 - Perforation

Inflam. Diseases: Typhoid Enteritis

■ Diagnosis

- Isolating organism from
 - blood (90% sensitive in the 1st week)
 - Bone marrow
 - Stool cultures
- High titers of agglutinins against O and H antigens
- PCR assays are still experimental

Inflam. Diseases: Typhoid Enteritis

■ Treatment

- Uncomplicated: atbx (chloramphenicol, ampicillin, amoxicillin, TMP-SMZ, 3rd generation cephalosporins)
- Complicated
 - Hemorrhage
 - 20% in some series, probably lower
 - Surgery for uncontrollable bleeding is rare
 - Peyer patches perforation
 - ~ 2%
 - Usually single perforation in the distal ileum
 - Simple closure is the treatment of choice
 - If multiple perforations (1/4): resection + reanastomosis

Neoplasms

- Extremely rare, despite 80% of total length and 90% of total mucosal area
- Men = women
- Only 5% of all GI tumors
- Only 1-2% of all malignant GI tumors
- Why?
 - Rapid transit of luminal contents
 - High turnover of cells minimizing carcinogenic exposure
 - High level of IgA
 - Low bacterial count

Neoplasms

- Mean age of presentation
 - 62 yo for benign tumors
 - 57 yo for malignant tumors
- New Zealand and Hawaii
- Benign lesions are usually diagnosed in autopsy
 - Leiomyomas
 - Adenomas
- Malignant lesions
 - Adenocarcinoma: proximal SB
 - Carcinoid tumor: distal SB

Neoplasms

- Risks for malignant tumors
 - Familial adenomatous polyposis
 - Lynch
 - Peutz-Jeghers syndrome
 - Crohn's disease
 - Celiac sprue
 - Biliary diversion
 - ? Smoking
 - ? Alcohol heavy consumption
 - ? Red meat or salt-cured foods

Neoplasms

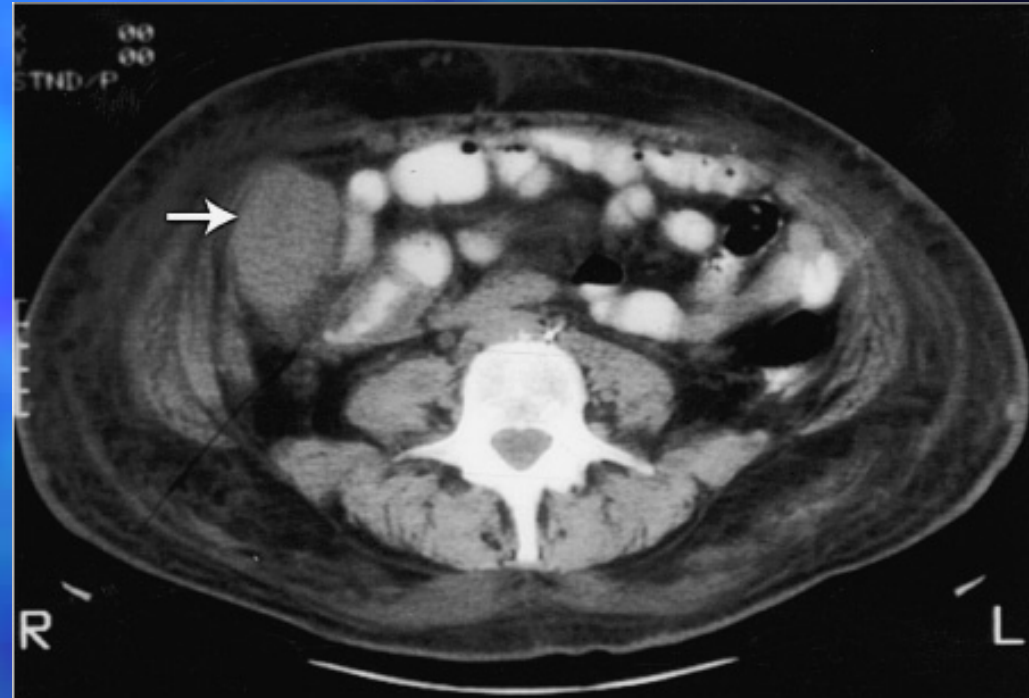
■ Diagnosis

- Only 20 – 50% correct pre operative diagnosis
- UGI series with SB follow-through: 50-70% accuracy
- Enteroclysis: 90% accuracy
- Flexible endoscopy: duodenal lesions
- Colonoscopy: terminal ileum lesions
- ? Push enteroscopy
- ? Swallowed radiotelemetry capsules
- CT:
 - Useful for extraluminal tumors, such as GISTs
 - Staging

Neoplasms



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Adeno Ca causing typical "apple core" lesion

Benign Neoplasms

- Most common
 - Benign GISTs: the most common to be symptomatic
 - Leiomyomas
 - The most common
 - Men = women
 - May grow intramurally and cause obstruction
 - Arise from intestinal pace maker cell (of Cajal) – mesodermal
 - Bleeding is the most common surgical indication
 - Adenomas: the most common in autopsies
 - 15%
 - 20% duodenum; 30% jejunum; 50% ileum
 - Malignant potential: 35 – 55%

Benign Neoplasms

- Most common
 - Lipomas
 - Most common in the ileum
 - Grow in the submucosa
 - 6th, 7th decades of life
 - Women > men
 - No malignant potential
 - Hamartomas
 - Peutz-Jeghers syndrome: mucocutaneous melanotic pigmentation and GI polyps
 - Hemangiomas

Benign Neoplasms

- Presentation
 - Vast majority is asymptomatic
 - Symptoms are vague and nonspecific
 - Dull abdominal pain, often intermittent and colicky
 - Dyspepsia, anorexia, malaise
 - Obstruction: most frequently by intussusception
 - Hemorrhage: usually occult; life-threatening is rare

Benign Neoplasms

- Treatment: surgical
 - Segmental resection + reanastomosis
 - Small lesions may be resected by enterotomy
 - Search entire SB for other lesions

Malignant Neoplasms

- Most common
 - #1 Adenocarcinomas
 - #2 Carcinoid tumors
 - #3 Malignant GISTs
 - #4 Lymphomas
- Presentation
 - Almost always produce symptoms
 - Pain and weight loss
 - Obstruction 15 – 35%
 - Diarrhea
 - GI bleed
 - Palpable mass 10 -20%
 - Perforation 10%

Malignant Neoplasms: Pathology

■ Adenocarcinomas

- ~ 50%
- Peak in the 7th decade of life
- Slight male predominance
- Majority is located in duodenum and prox jej
- With Crohn's: younger and 70% in the ileum
- Vague s/s
- Late presentation; poor prognosis

Malignant Neoplasms: Pathology

■ Malignant GISTs

- ~ 20%
- More common in jejunum and ileum
- 5th and 6th decades of life
- Male > female
- Usually large tumors (>5 cm 80%)
- Grow extra muraly
- Tend to invade locally and extend to adjacent organs

Malignant Neoplasms: Pathology

■ Lymphomas

- 7 – 25% of all SB malignant tumors – adults
- Most common SB cancer in children
- 1ary or systemic disease
- Usually large at the time of diagnosis
- Perforation may occur in up to 25%

Malignant Neoplasms: Pathology

■ Treatment

- Wide resection including LNs (except GISTs)
- Adjuvant therapy
 - Radiation/chemo: lymphomas only and ? GISTs
- Palliation
 - Resection to prevent complications
 - Bypass
 - Resection of metastases or organs is not indicated
- Prognosis
 - Only ½ operated are found to be resectable
 - 1/3 have distant metastases at operation
 - 5 year survival: 25% overall (AdenoCa 15-20%)

Malignant Neoplasms: Pathology

■ Carcinoid tumors

- From enterochromaffin cells
- 5th decade of life
- Appendix, SB, bronchi, rectum, etc
- In SB: almost always in the distal 2 feet of ileum
- 70 – 80% are asymptomatic, found incidentally
- More metastases in SB tumors – more aggressive than in the appendix
- Multicentric in the SB: 20 – 30%
- Synchronous adenoCA (↑ in colon): 10 – 20%
- MEN I: 10%

Malignant Neoplasms: Pathology

■ Carcinoid tumors

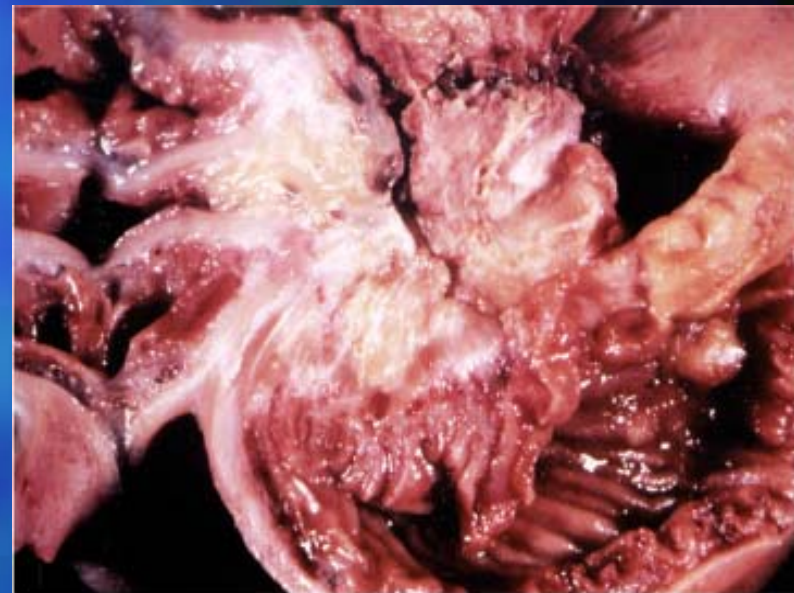
– Presentation

■ Uncomplicated

- Abdominal pain
- Obstruction – intussusception
- Diarrhea (psbo), weight loss

■ Malignant carcinoid syndrome

- < 10%
- Vasomotor, cardiac and GI s/s
 - Flushing 80%, diarrhea 76%, hepatomegaly 71%
 - Right heart valvular disease 41-70%, asthma 25%
- Serotonin, 5 hydroxytryptophan, histamine, dopamine, etc
- Massive hepatic replacement by disease



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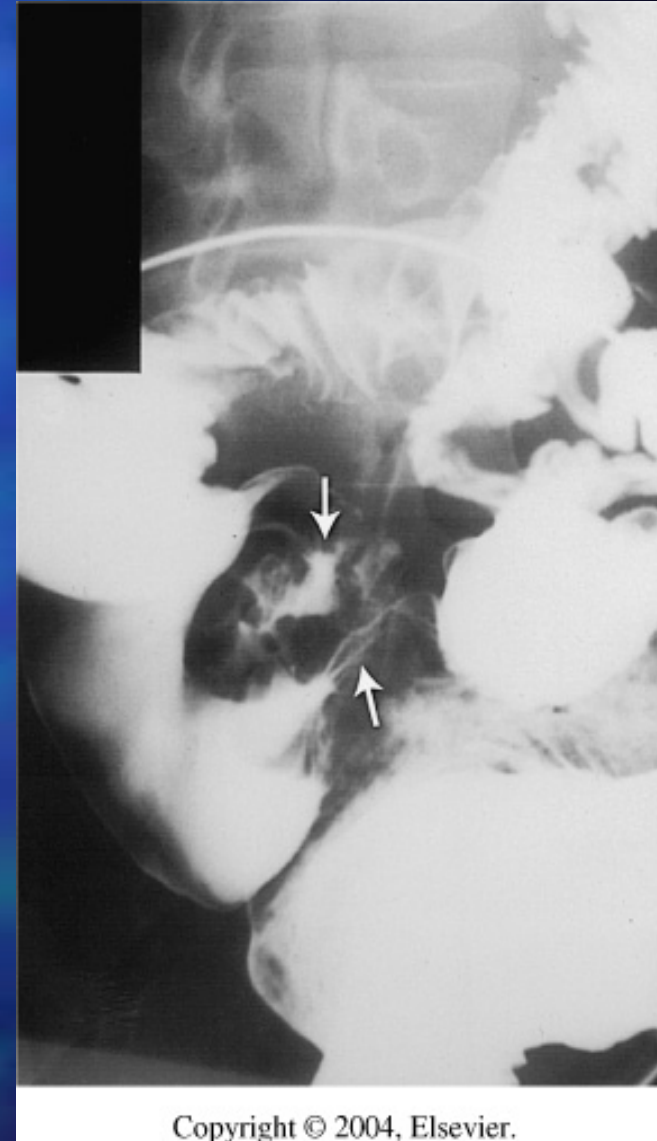
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Malignant Neoplasms: Pathology

■ Carcinoid tumors

– Diagnosis

- 24h urine: ↑ 5-hydroxyindoleacetic acid
- Provocative test with pentagastrin: reproduce symptoms
- Barium studies: multiple filling defects
- Angiography and high-resolution US
- CT
- Novel: somatostatin receptor scintigraphy using In-labeled pentetreotide (or MIBG)



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Malignant Neoplasms: Pathology

■ Carcinoid tumors

– Treatment

- < 1cm, no metastases: segmental intestinal resection
- O/w: wide excision of bowel and mesentery
- Terminal ileum: right hemicolectomy
- Duodenum: whipple
- * remember to explore for synchronous lesions
- * caution with anesthesia: precipitation of carcinoid crisis
 - IV octreotide, antihistamine, hydrocortisone
- Surgical debulking is indicated; also hepatic artery ligation or embolization and ? Liver transplantation

Malignant Neoplasms: Pathology

■ Carcinoid tumors

– Treatment

- Medical therapy: relief of symptoms
 - Somatostatin
 - Interferon alpha
 - Serotonin receptor antagonists:
 - Methysergide no longer used (retroperitoneal fibrosis)
 - Ketanserin, cyproheptadine
 - Chemotherapy
 - ? Receptor targeted therapy

– Prognosis

- Best among all SB tumors
- 100% survival rate for localized disease
- 65% for regional disease; 25-35% for distant metastasis

Malignant Neoplasms: Pathology

■ Metastatic lesions

- Much more common than primary tumors
- Most common
 - Intra abdominal (#1): uterus, ovaries, gut, etc
 - Extra abdominal: #1 is melanoma (1/2 of dying from melanoma)

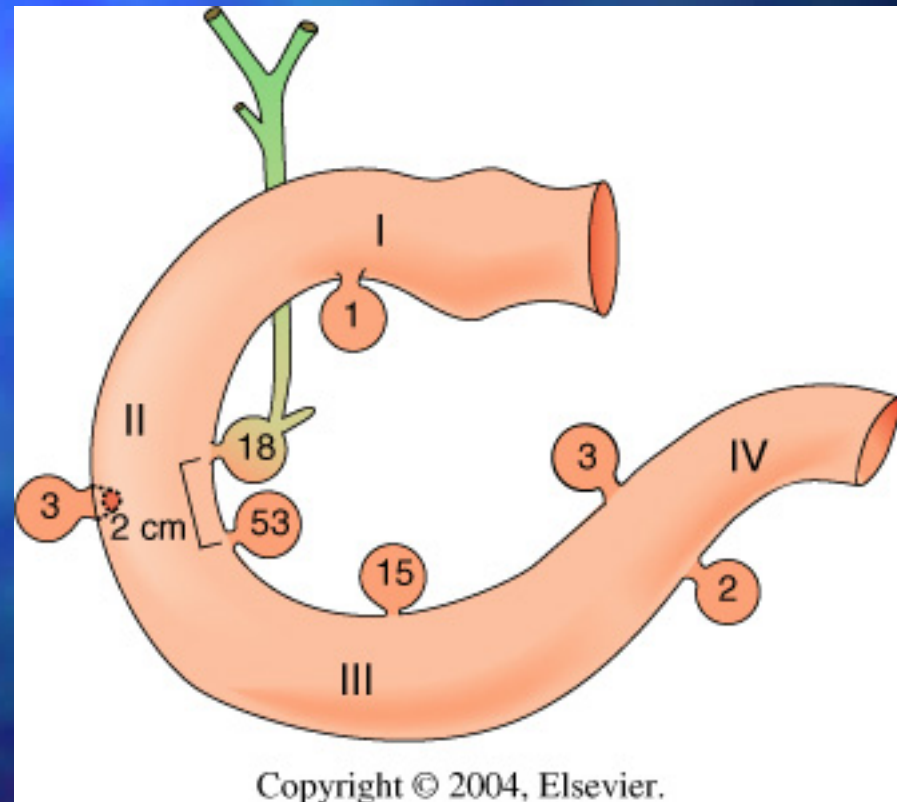


B

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Diverticular Disease

- Common
- True or false diverticuli
- Distribution:



Diverticular Disease

- Vast majority is asymptomatic and accidentally diagnosed
- Duodenal are the most frequent
- Jej/ileal are multiple and in older patients and caused by motor dysfunction (muscle/plexus)



Diverticular Disease

■ Complications:

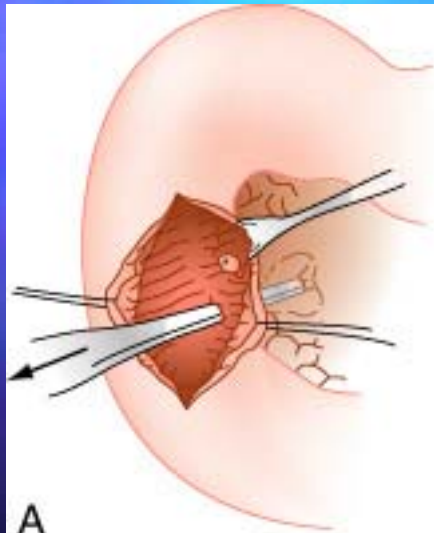
- Bleeding
- Obstruction (biliary in the duodenum)
- Perforation
- Blind loop syndrome

■ Treatment

- Leave them alone if found accidentally
- Diverticulectomy
- Segmental resection
- Treatment of complications

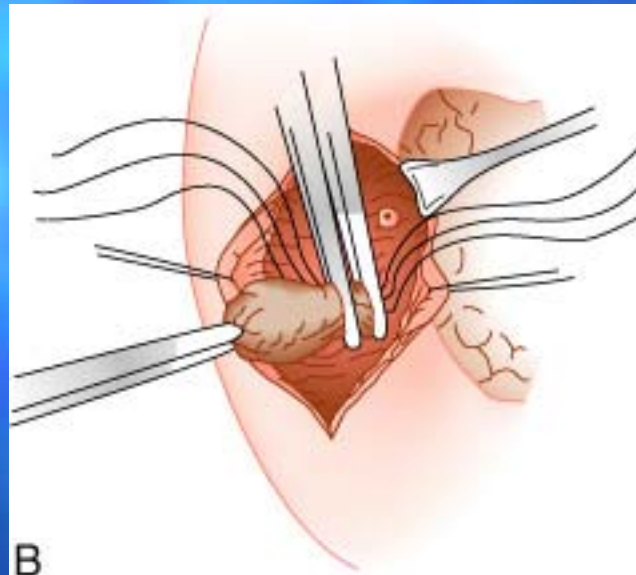
Diverticular Disease

- Treatment
 - Diverticulectomy



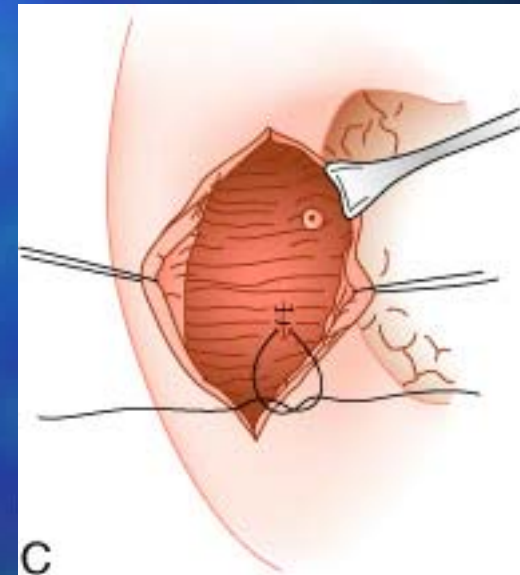
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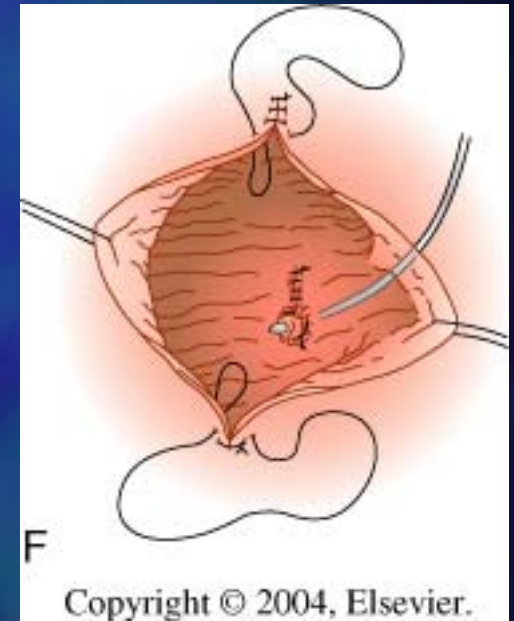
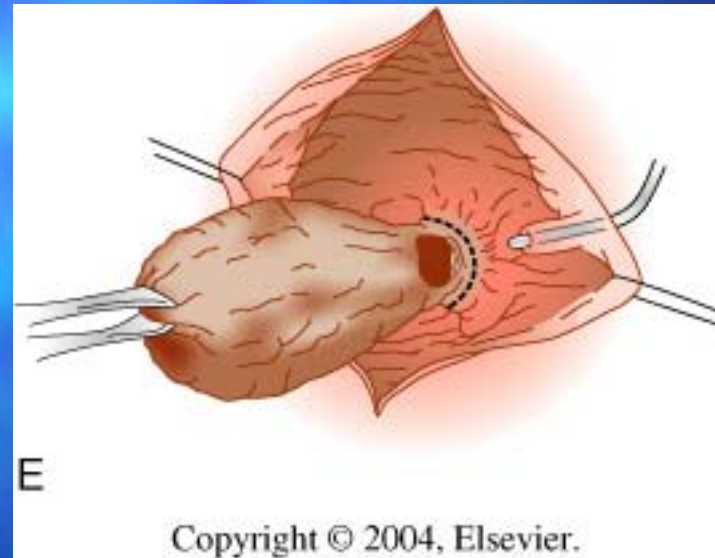
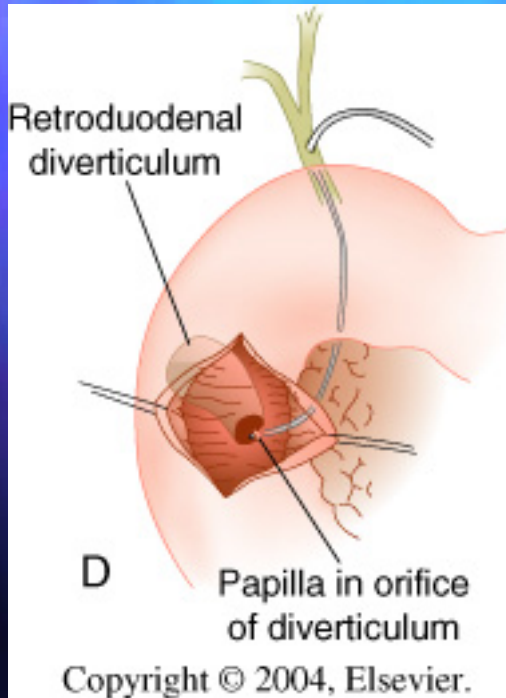


C

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Diverticular Disease

- Treatment
 - Diverticulectomy



Diverticular Disease

- Meckel's diverticulum
 - 2% of population
 - 2 mucosas: pancreatic and gastric
 - 2 feet of distal ileum
 - Remnant of vitelline duct – may be connected to the umbilicus
 - Most common presentation is GI bleed (< 2yo). Also obstruction (volvulus, intussusception). Diverticulitis and tumors are rare.
 - Littre's hernia



Diverticular Disease

■ Meckel's diverticulum

– Diagnosis

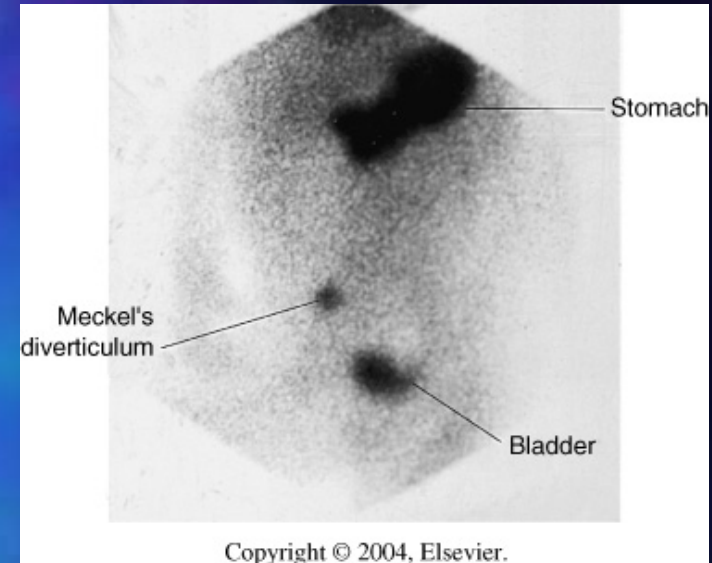
■ Scintigraphy with Tc99

- Gastric mucosa
- 85% / 95% sens/spec in pediatric group
- Worse in adults (reduced prevalence of ectopic gastric mucosa)
- Pentagastrin or H2R antagonists may increase sensitivity

■ Barium studies

■ Treatment

- Resection of symptomatic diverticuli
- When bleeding: always segmental resection
- Incidental finding: remove in children; ? Leave in adults (2% risk of complication)



Blind Loop Syndrome

- Caused by bacterial overgrowth in stagnant areas (stricture, stenosis, fistulas, diverticuli)
- Abdominal pain
- Diarrhea, steatorrhea, fat soluble vit deficiency
- Neurologic disorders (vit B12)
- Treatment
 - Vit b12
 - Broad spectrum antibiotics
 - Treat primary disorder

Radiation Enteritis

- Unusual if total dose < 4,000 cGy
- Contributors
 - Previous abdominal operations
 - Vascular disease
 - HTN, diabetes
 - Adjuvant chemotherapy
 - 5-fluorouracil
 - Doxorubicin
 - Dactinomycin
 - Methotrexate

Radiation Enteritis

- Acute: self limiting
 - Diarrhea
 - Abdominal pain
 - Malabsorption
- Late
 - Damage of small submucosal blood vessels (obliterative arteritis)
 - Strictures, SB fistulas, necrosis, perforation

Radiation Enteritis

■ Prevention

- Minimizing radiation dosage
 - Localized treatment (leave surgical markers)
 - Exclusion of SB
 - Reperitonealization
 - Omental transposition
 - Placement of absorbable mesh slings
- Radioprotectants
 - Sucralfate
 - Superoxide dismutase
 - Vit A, E, Beta carotene
 - Amifostine (WR 2721) – the most effective

Radiation Enteritis

■ Treatment

- Directed to controlling symptoms
 - Antispasmodics
 - Analgesics
 - Antidiarrheal agents
 - ? Steroids
 - ? Diet modifications
- Operative intervention: 2 – 3%
 - For complications: obstruction, perforation, bleeding, etc
 - Bypass or resection ?
 - > ½ of those will require a 2nd surgery
 - 25% will die