



The University of Tennessee Graduate School of Medicine
and the Department of Family Medicine
Present

Sixth Annual Diabetes Regional Conference
**Evidence-Based Interventions to
Stem the Burden of Diabetes Complications**

Saturday, March 13, 2010 • UT Conference Center, Knoxville, TN

Featuring regional experts in
Cardiovascular Medicine
Nutrition
Ophthalmology
Psychology
Renal Disease
Vascular Disease

Only diabetes conference of its kind in the region!
Seating is limited. Register early.
Visit online: www.tennessee.edu/cme/Diabetes2010

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While the cost, morbidity and mortality from diabetes, itself, is high, its numerous complications and associated risk factors account for the overwhelming burden of this disease.

Adults with diabetes have heart disease death rates 2-4 times higher than non-diabetics, and their risk of death from stroke is 2.8 times higher. Diabetes is the leading cause of blindness and kidney failure in adults and results in a ten-fold increase in amputations. Of people with diabetes, 60-70% have mild to severe forms of nervous system damage, and the incidence of periodontal disease, sexual dysfunction, complications of pregnancy and susceptibility to other illnesses are all significantly increased.

Healthcare professionals play a pivotal role in stemming these health consequences by learning and applying the most recent evidence-based treatment strategies and interventions. *The Sixth Annual Diabetes Regional Conference: Evidence-Based Interventions to Stem the Burden of Diabetes Complications* will decipher the latest medical research into practical, clinical approaches for reducing, preventing and treating some of the major complications of diabetes. The goal is to provide the medical community with evidence-based interventions to improve health outcomes and quality of life for patients at risk for diabetes and its complications.

To register, visit www.tennessee.edu/cme/Diabetes2010.

COURSE FACULTY

Nicholas G. Anderson, M.D.

Ophthalmologist

Southeastern Retina Associates of Knoxville

Aaron D. Bussey, M.D.

Endocrinologist

Endocrinology Consultants of East Tennessee

John A. Eaddy, M.D.

Emeritus Professor

University of Tennessee Graduate School of Medicine

Department of Family Medicine

Donald S. Keeble, M.D.

Course Director and Assistant Professor

University of Tennessee Graduate School of Medicine

Department of Family Medicine

Maricarmen Malagon-Rogers, M.D.

Associate Professor

University of Tennessee Graduate School of Medicine

Department of Family Medicine

Division of Pediatric Nephrology

Edwin S. Rogers, Ph.D.

Associate Professor and Psychologist

University of Tennessee Graduate School of Medicine

Department of Family Medicine

Scott L. Stevens, M.D.

Professor

University of Tennessee Graduate School of Medicine

Department of Surgery

Division of Vascular Surgery

Jane V. White, Ph.D.

Emeritus Professor and Dietitian

University of Tennessee Graduate School of Medicine

Department of Family Medicine

James D. Yates, M.D.

Clinical Associate Professor and Cardiologist

University of Tennessee Graduate School of Medicine

Department of Medicine

Sixth Annual Diabetes Regional Conference

Evidence-Based Interventions to Stem the Burden of Diabetes Complications

WHO SHOULD ATTEND?

Healthcare professionals practicing in

- Family Medicine
- Internal Medicine
- Pharmacists
- Primary Care
- Public Health



And other healthcare professionals involved in the prevention and treatment of diabetes.

At the conclusion of this program the participant should be able to

- Translate for patients the interrelationships between strategies of diabetes management and common complications of diabetes to encourage compliance
- Employ evidence-based strategies for the prevention, screening and treatment of common complications of diabetes
- Analyze and recommend the interventions, including lifestyle changes, motivational strategies and pharmacological treatments, that are most appropriate for patients at various stages of the disease
- Optimize drug therapy for patients
- Identify and prevent drug interactions in diabetic patients

ACCREDITATION

The University of Tennessee College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CERTIFIED CREDITS

AMA: The University of Tennessee College of Medicine designates this educational activity for a maximum of 6 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP: This activity has been reviewed and is acceptable for up to 6 Prescribed credits by the American Academy of Family Physicians.

AAPA: American Academy of Physician Assistants accepts Category 1 credit toward the AMA Physicians' Recognition Award from organizations accredited by the ACCME. The AAPA has complete reciprocity with the ACCME.

The University of Tennessee College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. Successful completion of this knowledge-based program will provide a statement for six (6.0) live contact hours credit (0.6 CEUs) and will be mailed within 3 weeks following the program. Successful completion includes attending the session, signing the attendance sheet, and completion of the program evaluation form. ACPE Program Number: 064-000-10-005-L01-P



Grievance Policy

A participant, sponsor, faculty member or other individual wanting to file a grievance with respect to any aspect of a program sponsored or co-sponsored by the UTCOP may contact the Associate Dean for Continuing Education in writing. The grievance will be reviewed and a response will be returned within 45 days of receiving the written statement. If not satisfied, an appeal to the Dean of the College of Pharmacy can be made for a second level of review.

CEU: Adhering to guidelines set by the American Medical Association, the University of Tennessee Graduate School of Medicine will issue Certificates of Attendance and CEUs for non-physicians attending this educational activity. This activity is designated for up to .6 CEUs by the University of Tennessee using the national standard that 1 hour of educational instruction is awarded .1 CEU.

Visit online:

www.tennessee.edu/cme/Diabetes2010

Call:

(865) 974-0280

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Please Type or Print Clearly

Course Code: 10DS03FM

Name _____ Title _____

Company Name or Institution _____

Mailing Address _____

City _____ State/Province _____ Zip/Postal Code _____

Daytime Phone _____ Fax _____ E-mail _____

REGISTRATION FEES

Early Registration (through February 26, 2010)

- \$85 Physicians
- \$65 Physician Assistants and Pharmacists
- \$60 Nurse Practitioners, Nurses, Retirees,
Allied Health Professionals
- \$0 UT Medical Students and Residents

Registration (after February 26, 2010)

- \$100 Physicians
- \$80 Physician Assistants and Pharmacists
- \$75 Nurse Practitioners, Nurses, Retirees,
Allied Health Professionals
- \$0 UT Medical Students and Residents

PAYMENT METHODS

- Check made payable to the University of Tennessee
- Send Invoice

Credit Card VISA MasterCard Discover AmEx

Card Number _____

Expiration Date _____

3-digit Security Code _____

Card Holder's Signature _____

Credit ID* _____ - _____ - _____

*Your Credit ID is composed of the following three pieces of information:

The first three letters of your birth month.

The last two digits of your birth year.

The last four digits of your Social Security Number.

For example, if you were born February 1979 and your Social Security Number is 123-45-6789, then your Credit ID would be FEB-79-6789.

FOUR EASY WAYS TO RESERVE YOUR SEAT!

Please register as early as possible. Conference materials and food arrangements must be made for you. Additionally, this conference has limited enrollment and is filled on a first-come, first-served basis. Follow-up information will be mailed to you.

Online: www.tennessee.edu/cme/Diabetes2010

Telephone: (865) 974-0280

Fax: (865) 974-0264

Mail: UT Conferences, Attn: Diabetes 2010,
P.O. Box 2648, Knoxville, TN 37901-2648

SPECIAL NEEDS

Please check the box if your attendance requires special assistance. You will be contacted by UT Conferences to discuss how your needs can be met. Availability of appropriate arrangements cannot be ensured without early notification.

QUESTIONS?

E-Mail: Conferences@utk.edu

Phone: (865) 974-0280

Fax: (865) 974-0264

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7:45 – 8:15 a.m.

Registration and Continental Breakfast

8:15 – 8:30 a.m.

Welcome

Donald S. Keeble, M.D.

Course Director

8:30 – 9:30 a.m.

Evidence-Based Treatment and Control

Aaron D. Bussey, M.D.

9:30 – 10:00 a.m.

Break and Visit Exhibits

10:00 – 10:45 a.m.

Cardiovascular Complications of Diabetes

James D. Yates, M.D.

10:45 – 11:30 a.m.

Renal Complications of Diabetes

Maricarmen Malagon-Rogers, M.D.

11:30 a.m. - 12:30 p.m.

Lunch

12:30 - 1:45 p.m.

Reducing Barriers to Diabetes

Self-Management

John A. Eaddy, M.D.

Edwin S. Rogers, Ph.D.

1:45 - 2:30 p.m.

Peripheral Vascular Disease

Scott L. Stevens, M.D.

2:30 – 2:45 p.m.

Break – Last Chance to Visit Exhibits

2:45 – 3:30 p.m.

Diabetic Retinopathy

Nicholas G. Anderson, M.D.

3:30 – 4:15 p.m.

Medical Nutritional Therapy

Jane V. White, Ph.D.

4:15 – 4:30 p.m.

Closing Remarks

4:30 p.m.

Adjourn

CONFERENCE ATTIRE

We encourage you to be comfortable as we spend a day at this quality education experience. Business casual attire and a light sweater or jacket are suggested.

CONFERENCE VENUE

Sessions will be held in the ballroom at the UT Conference Center in downtown Knoxville. Directions will be sent with your registration confirmation.

PARKING

For free parking, participants must park in the Locust Street garage diagonally across the intersection from the UT Conference Center. **Parking validation is NOT available for the Hilton Hotel garage or area surface lots.**

CANCELLATIONS

Reservations for this event are limited. The cancellation fee is \$40. Sending a substitute is encouraged.

The University of Tennessee does not discriminate on the basis of race, sex, color, religion, national origin, age, disability, or veteran status in provision of educational programs and services or employment opportunities and benefits. This policy extends to both employment by and admission to the university. The university does not discriminate on the basis of race, sex, or disability in its education programs and activities pursuant to the requirements of Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Act (ADA) of 1990.

Inquiries and charges of violation concerning Title VI, Title IX, Section 504, ADA, the Age Discrimination in Employment Act (ADEA), or any of the other above-referenced policies should be directed to the Office of Diversity Resources (DRES), 2110 Terrace Ave., Knoxville, TN 37996-3560, 865-974-2498 (V/TTY available) or 865-974-2440. Requests for accommodation of a disability should be directed to the ADA Coordinator at the Office of Human Resources, 600 Henley St., Knoxville, TN 37996-4125. Publication number # E08-6133-012-10 (10PB25FM)

UT Graduate School of Medicine
Continuing Medical Education
1924 Alcoa Highway, D-116
Knoxville, TN 37920-6999

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